



www.csicarlsbad.org

390 Oak Avenue, Suite H Carlsbad, CA 92008 760-434-9579

**New Thought, New You,
New World
September/October 2009**

September: We have all been taught things that no longer ring true. Join us as we will dispel beliefs that no longer support us and explore spiritual truths that drive us when we are willing to listen.

October: Loved by all ages, the classic movie *The Wizard of Oz* offers some profound spiritual teachings, completely aligned with those of Science of Mind/New Thought. Join us this month as we travel down the Yellow Brick Road to discover the Spirit of Oz.

Sunday Programs

9:30 AM Meditation

10:00 AM Service

11:00 AM Fellowship

Newsletter available on line at www.csicarlsbad.org

Please share this link with others; together we can teach, demonstrate and inspire a positive approach to living

Summertime Moments

Recently I found myself wondering where summer went; after all, here it is September already and I have not even managed a staycation let alone a vacation. Then, while driving home from a dinner party, my husband commented on how perfect the moon was and that is when it hit me, I have been savoring summer; it has just been in a series of moments, not major events.

I enjoyed tomatoes off the vine and freshly picked corn on the cob. I watch a few sunsets and toasted to the moon. I have counted stars and looked at the clouds long enough to see a familiar image. There have

sweet conversations while walking the beach and birds in the fountain. My summertime unveiled itself one moment at a time.

Life happens, moment to moment. We tend to focus on the big stuff—both good and bad. But when we focus on the moment, we are more likely to see the perfection. And when you add up all the moments of each day, there are usually more good ones than bad ones.

Practicing the presence has been a popular topic and I suppose that is what staying in the moment is all about. But for me, reviewing the day in terms of *Continued on page 2*

Truth or Consequences

With the advent of commercial TV in the fifties came a game called, "Truth or Consequences." Contestants were asked silly questions. If the questions were not answered correctly the player had to face the consequences, usually a funny stunt.

In many ways life is like that game, only sometimes the consequences are not so funny. We have to know and live in alignment with certain spiritual truths or face the consequences. What are these truths? Consider these.

You are Divine. Made in the image and likeness of God you were born to express God. When you know this truth and realize that God is living through you every second somehow life gets a little lighter. Thoughts of lack and limitation disappear. Challenges become opportunities. The consequences are a more joy-filled life. On the other hand, if we see life as a struggle, the consequence of struggle shows up in our lives and life appears difficult.

You are Love. The truth is we were put here to love and be loved.

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Summertime Moments continued from page 1

moments to me somehow makes it more real. Every day is filled with moments. And we set our intention on enjoying as many of them as we can, we can move mountains and not even notice.

Ernest Holmes wrote *"There is an infinite reservoir of Life within us. We may block its passage; we may short-cut its current, but the reservoir is still there and the flow is always ready to resume its course when we re-open the channels. Our problem is not with Life Itself, but with the use we are making of*

it." So I ask you, as summer comes to a close, can you look back and see those moments that made you smile, allowed you to connect with nature and opened your heart? Those are the moments, I believe, where you were tapped into the infinite reservoir. Those moments are available every day if we are willing to set our intention and make use of them.

Join me in celebrating the moments each and every day and see how your world changes, one moment at a time.
Joyfully, Rev Debby



"Ten years from now you'll laugh at whatever's stressing you out today. So why not laugh now?"
~Tony Robinson

Truth or Consequences continued from page 1

That is part of the master plan. When we give love and open to love we manifest more love in our lives. Where ever we go love shows up, a kind word, a helping hand, relationships, on the job, at the grocery store, or wherever the path leads. The truth is love is an attribute of the Divine. You are Divine. Love is Divine. You and Love are one. Love not only makes the world go around it makes the world a happier place to be while you ride.

You are Creative. The same Creative Intelligence that causes the sun to rise and set, the earth to rotate on its axis in perfect harmony is expressing through you and me. If we know and accept this truth, inner wisdom guides us to our perfect right place. Inner wisdom creates out of Divine knowledge perfect right actions, leading to the lives we desire. Since we live, move and have our being in Divine Substance,

everything we want and need is available right here and right now. Knowing this truth and living in alignment with it empowers us to create a Spirit filled life. Out of this consciousness we create the lives we desire.

Whenever, I feel that my life is not operating optimally I take a look at what is going on in my spiritual practice and remind myself of these truths. I am Divine. It is all God and it is all good. Made in the image of God I am Love in action. Love knows only love, therefore I reap only love. Divine Substance empowers me to create out of it my hopes, wishes and dreams. Remembering causes my consciousness to shift to a new vibrational level, the power of Intention kicks in and I am empowered. The truth will set you free. Love, Rev Matti



"To believe your own thoughts, to believe that what is true for you in your private heart is true for all men--that is genius"~ Ralph Waldo Emerson

Value of Education

We want what we want when we want it!

What's more, most of us have come to Science of Mind Center to get what we want. Whether it was curiosity or a desire for friendship, perhaps following a friend to church or a terrible financial or health crisis that brought us here, we begin to feel better right away. We get some of what we want right away. We get a feeling of friendship and we hear an interesting talk.

More importantly, we hear a message of hope. Not only do we hear a message of hope, but the lectures on Sunday give us definite path to follow. We quickly hear that we must expect the best, envision our dreams and accept them mentally. We hear that there is a Power for Good out there in the Universe, supporting us and surrounding us with Love, Light and Joy and we can rely upon that Creative Intelligence that we call God. We come back, again and again, because the Sunday services help.

But few of us get everything we want overnight. Why do some problems persist? Is God limited? Does God want us to suffer? Are there lessons to be learned? What is our true relationship with this Power For Good? And if God really lives in each of us, why aren't we more loving? Why don't we have it all?

These are some of the questions that Science of Mind classes can answer and when we are wiser, we will see great progress in the direction of our hopes, dreams and desires. I hope everyone of you will take the new class being offered by Rev. Debby and Rev. Mattie – ***This Thing Called You.***

In my 20 years in the ministry, I have seen great changes in many, many people who got the basic ideas of Science of Mind and were able to internalize them long enough to be a lot wiser than when they came in. I have seen truly tragic guilt over the past released and life made beautiful again. I have seen cancers healed, fortunes built, loving marriages made, beautiful babies



born and much more. All of these wonderful outcomes look like luck or a miracle to an outsider but we wise ones know that outcomes such as these are not miracles. They are simply the result of Spiritual Laws working without

interference from our “monkey minds”.

What makes us wise? Certainly, experience helps but we must be able to learn from experience in order to gain true wisdom. Doing the same thing over and over and expecting different results is the definition of foolishness or even insanity. We must clear the old belief systems and emotions if we are to achieve true wisdom.

In order to really qualify as wise, we have to be willing to change the things that need to be changed, know the things that need to be known and be willing to release anything that stands in the way of getting deep knowledge or wisdom. We must be willing and able to embody this wisdom teaching and it usually takes more than an hour on Sunday to do that as quickly as we desire.

How about you? Do you still have things that you want when you want them? Are you willing to commit to a few hours a week to attain greater control of your life? Are you ready to embody more of the great wisdom teaching of Dr. Holmes? Are you ready to live your life in the sure and certain knowledge that there is a Power for Good in the Universe and you can use it?

Sign up for ***This Thing Called You*** right away. Learn to use this wonderful teaching to create a perfect combination of living in the present moment as you journey toward your goals. Release anxiety and move in the direction of your dreams. You will be so happy with your decision. Dr. Jane

Another Blessing to Count!!!!!!!!!!!!!!

I have been a student of the Science of Mind teaching for the last 6 years. During this time, I have started my own business, authored a book, increased my income and improved family relations. However, over the last 7 weeks, I have put affirmative prayer and the power of positive living to work in the area of health and would like to share my success.

For the last 20 years, I have been living with severe osteoarthritis in my knees and 2 years ago I finally went to a doctor for consultation. I followed my instincts and determined that getting bionic knees was the right decision but this was the wrong doctor and the wrong time. Six months ago, I was referred to the right doctor for me at the right time and made the decision to move forward.

Over the last 7 weeks, I have had both knees replaced at the same time instead of the recommended one at a time, spent 6 days in rehab instead of the anticipated 10 days, threw out my walker 3 weeks after surgery, was approved to drive my stick shift car within 4 weeks and approved to go back to work full time

This Thing Called You

"If God created you after His own nature (and there is nothing else He could have made you out of) then the thing you are after is already here, within you. The only things that stand between you and it are the accumulated thoughts, beliefs and emotions of the ages. But there is nothing there that has not been put there either by yourself or the race. What has been put there can be removed. "

after 6 weeks instead of the anticipated 4 months.

How is that for breaking records! IT'S ALL GOOD.

I credit my belief in myself and the Science of Mind teaching. I stayed positive, looked for the positive and set my intention on quick recovery. I put treatment to work and was blessed with treatment from various practitioners as well. Dr Jane, knew for me, that the right people at the right time for the right result was already in unfolding; it was already done and perfect and I was in complete agreement. My mind was set and my body followed.

For me, knowing that is all good and all God is natural. I have proven treatment works, time after time. "It is what It is" to me is a positive statement of truth. The truth that has set me free and allowed me to move forward, breaking records and reaching higher and higher.

It is all right here, it is all right now; of this be sure and keep moving forward my friends.

Namaste- Linda

This is just one pearl of wisdom which we will take a closer look at during our 8 week study of *This Thing Called You*. Ernest Holms wrote this 1948 and the words of truth ring just as strong today.

Revs Matti and Debby will lead this Science of Mind class beginning Thursday September 10 at 7.

Join us as we share, explore and grow.

Nourish the Center that Spiritually Nourishes You

1. Set up an automatic monthly contribution via credit card or bank account
2. Donate \$25 to the flower fund in honor of someone special, including yourself
3. Volunteer at the Center

Call the office at 760-434-9579 or send an e-mail to truthliving@aol.com

Your thought is creative, not because you will, wish, hope, pray or long for it to be so. It is creative because there is a creative law operating upon it. You did not make this law, you only use it.

~Ernest Holmes

September 2009 – An Exploration in Truth

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 6 pm AA Meeting	3 7 pm Al-Anon	4 12 pm Al-Anon 6 pm AA Meeting 7:30 pm AA Meeting	5 6 pm Gay AA Meeting
6 Your Purpose Rev Matti	7 12 pm Al-Anon 6:30-8:30 AA Meeting	8	9 6 pm AA Meeting	10 7-9pm This Thing Called You Class SOM203 7 pm Al-Anon	11 12 pm Al-Anon 6 pm AA Meeting 7:30 pm AA Meeting	12 6 pm Gay AA Meeting
13 Your Worthiness Rev Debby	14 12 pm Al-Anon 6:30-8:30 AA Meeting	15	16 6 pm AA Meeting 7-8pm Higher Purpose Business Networking	17 7-9pm This Thing Called You Class SOM203 7 pm Al-Anon	18 12 pm Al-Anon 6 pm AA Meeting 7:30 pm AA Meeting	19 6 pm Gay AA Meeting
20 Your Creativity Rev. Matti	21 12 pm Al-Anon 6:30-8:30 AA Meeting	22	23 6 pm AA Meeting	24 7-9pm This Thing Called You Class SOM203 7 pm Al-Anon	25 12 pm Al-Anon 6 pm AA Meeting 7:30 pm AA Meeting	26 6 pm Gay AA Meeting
27 Your Glory Rev. Debby	28 12 pm Al-Anon 6:30-8:30 AA Meeting	29	30 6 pm AA Meeting			

October 2009- Spirit of Oz

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
				1 7-9pm This Thing Called You Class SOM203 7 pm Al-Anon	2 12 pm Al-Anon 6 pm AA Meeting 7:30 pm AA Meeting	3 6 pm Gay AA Meeting
4 Over the Rainbow Rev Debby	5 12 pm Al-Anon 6:30-8:30 AA Meeting	6	7 6 pm AA Meeting	8 7-9pm This Thing Called You Class SOM203 7 pm Al-Anon	9 12 pm Al-Anon 6 pm AA Meeting 7:30 pm AA Meeting	10 6 pm Gay AA Meeting
11 If I Only Had a Brain Rev Matti	12 12 pm Al-Anon 6:30-8:30 AA Meeting	13	14 6 pm AA Meeting	15 7-9pm This Thing Called You Class SOM203 7 pm Al-Anon	16 12 pm Al-Anon 6 pm AA Meeting 7:30 pm	17 6 pm Gay AA Meeting
18 Hold Tight to Those Ruby Slippers Rev Debby	19 12 pm Al-Anon 6:30-8:30 AA Meeting	20	21 6 pm AA Meeting 7-8 pm Higher Purpose Business Networking	22 7-9pm This Thing Called You Class SOM203 7 pm Al-Anon	23 12 pm Al-Anon 6 pm AA Meeting 7:30 pm	24 6 pm Gay AA Meeting
25 There's No Place Like Home Rev Matti	26 12 pm Al-Anon 6:30-8:30 AA Meeting	27	28 6 pm AA Meeting	29 7-9pm This Thing Called You Class SOM203 7 pm Al-Anon	30 6-9pm Ordination Celebration 12 pm Al-Anon 6 pm AA Meeting 7:30 pm	31 6 pm Gay AA Meeting

We've Done It and It Is Time To Celebrate! Rev Debby and Rev Matti Ordination Ceremony and Dinner

Friday, October 30th at the Hilton Gardens in Carlsbad
Celebration Ceremony 6–7 pm
Dinner and Music 7:30–9 pm

International Centers for Spiritual Living has granted us Ministerial Ordination! We want to thank each and every one of you for your support on this journey. And of course, a special thanks to all of our teachers along the way; especially our own Dr. Jane who has provided leadership, direction and guidance from the very start.

We would be honored to have you join us in our celebration on October 30th in Carlsbad. Invitations will be in the mail shortly. We look forward to seeing you all there.

*Much Love and Gratitude
Revs Matti and Debby*

SOM Class: This Thing Called You Thursdays Sept 10– Oct 29 7–9 pm

Each one of us is a doorway through which the Infinite expresses.
In this class you will learn to live in alignment with Spirit to co-
create the life you desire.

No matter how long you have been in this teaching, there is no
better time than now for a Spiritual Journey of Self Discovery.

Join us as share, explore and grow.

We are pleased to have Rev Claire Talbot join our staff. Rev Claire has been a student of Science of Mind for 30 years and effectively uses these principles in all areas of her live.

Staff:

Rev. Debby O'Donnell
Spiritual Director

Rev. Matti Dobbs
Spiritual Director

Dr. Jane Claypool
Founder and
Minister Emeritus

Rev. Barbara Heley
Spiritual Leader

Rev Claire Talbot
Spiritual Leader

Rev. Claudia Mulcahy
Spiritual Leader

Louise Stilles
Office Manager

The Staff is available for
affirmative prayer work,
guidance and spiritual
counseling.

760-434-9579

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Our Vision

Awakening humanity to its Spiritual magnificence

Our Statement of Truth

There is a Power for Good in the Universe and you can use it!

Our Mission

To teach, demonstrate and inspire a positive approach to living

Something Positive is Always Happening Here