

JULY 2006

The Center for Positive Living Religious Science Church

390 OAK STREET, SUITE H • CARLSBAD, CA 92008 • 760.434.9579

Freedom to Grow

Dr. Jane Claypool
Co-Pastor and Founder

Rev. Debby O'Donnell
Co-Pastor

Rev. Matti Dobbs
Assistant Minister

Rev. Barbara Heley
Staff Minister

JULY THEME
Freedom

JULY TOPICS

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Serentiy Miller

9 The Pursuit
Rev Debby O'Donnell

16 Free at Last
Rev Mattie Dobbs

23 For the Liberty

July is all about freedom and our ability to express a great deal more freedom than we are doing at this time. It may also be about expressing more freedom than we even know we have.

Most of us believe in a lot of limitation. It is the way of the world and we are having a human experience. From the time we are born, we become

aware that our physical world is limited. It starts with having to wait on others to serve us our meals and take care of our cleanliness. Certainly, a two year old hears the word "No" enough to get the message that we are not completely free on the relative plane of existence.

Most of us get the message of limitation so strongly that we

fail to see how much freedom we have. We feel bound by circumstance, by age and education, by physical limitations and by our own personalities. We come to Science of Mind hoping and praying to be more free at the same time we hold a great deal of reservation about our ability to express more freedom.

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Freedom to Be

"Life, liberty and the pursuit of happiness..." This is one of the most famous and most quoted phrases of the Declaration of Independence. It represents a basic belief that our forefathers held and one that we believe today.

Or do we? Yes, we talk about freedom but how much time do we spend feeling trapped? How much time is spent pursuing our happiness versus making others happy? Are we charting the course of our life or living out a chart someone else gave us?

This teaching reminds us that we have the power to change our thinking and change our lives. Science of Mind provides the tools to pursue our happiness in all that we do. Through treatment work, we can chart our course.

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Freedom to Grow

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 Science of Mind shows us the way to freedom from bondage. We learn that we can impact our visible world by going to the invisible side of reality and accepting new

paradigms. We learn that we can change our lives by changing our thinking. We learn that we always have a choice to express more freedom. We learn that we are never stuck. We learn to use Principle in a

way that we build wonderful lives for ourselves.

If you are willing to learn, Sunday lessons in July are the place to begin. See you in church?

Dr. Jane

Freedom to Be

Continued from page 1
 By incorporating gratitude into our daily spiritual practice, we can celebrate all that life offers. And by giving from the heart, we can receive all of our riches with grace. Pursuit of happiness is considered an unalienable right. As

such, it is absolute, not rewarded or earned. It is a basic right of all peoples and incapable of repudiation. It has been fought for by many and is still being fought for today. The best way to preserve this right is to practice it, everyday and in

everyway.

Take time this month to celebrate the freedom that is yours by birth right. Express God in everything you do knowing that you are blessed and the blessing.

Rev Debby

Book of the Month - Love is Letting Go of Fear

"I can be of no real help to another unless I see that the two of us are in this together. That all of our differences are superficial and meaningless and that only the countless ways we are alike has any importance at all."

Gerald Jampolsky's book, Love Is Letting Go of Fear, presents twelve lessons to assist us in letting go of the past and confidently moving into the future through our understanding of Love. The principles that Jampolsky presents are what we as Religious

Scientists believe, but he makes it clear that these are universal knowledge and can be used by people of all cultures and religions. His Center for Attudinal Healing has spread to more than 130 centers with groups in 28 countries on 5 continents. Obviously,

the value of his work is still growing, teaching us how to love by letting go of our fears and our judgments, and restoring the healing power of Love within us. Cost is \$8.58.

The CPL Book Club will meet on Tuesday, July 25, at 1 p.m.

July 2006 - FREEDOM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meditation Service 9:30-9:50am Sunday Service & Cosmic Kids 10:00-11:00am Qigong: 1 st Sunday of the month 11:30-1:00pm with Gail Privetts Kundalini Yoga: Saturdays-1:00-3:00pm with Anna Renee Walker AIAnon Meetings: Monday & Friday 12pm; Thursday 7pm; Friday 7:30pm AA Meeting: Friday 7:30pm AA Gay Meeting: Saturday 6pm						1
2 Let Freedom Ring Serenity Miller	3	4	5 Board Meeting 5:30 PM	6	7	8
9 The Pursuit Rev, Debby O'Donnell	10	11	12	13	14	15
16 Free At Last Rev. Matti Dobbs	17	18	19	20	21	22
23 For the Liberty Dr. Jane Claypool	24	25 Book Group 1:00- 3:00 "Love is Letting Go of Fear"	26	27	28	29
30 Get Real Rev. Debby O'Donnell	31					

Treatment Work Available

The CPL staff is well trained and available for one on one treatment work. Their fees are modest and no one is ever turned away. Contact numbers are:

Ministers

Rev. Matti Dobbs
760.214.5628
Rev Barbara Heley
760.967.1614
Rev Debby O'Donnell
619.857.1929

Practitioners:

Dorree Hodge, R.Sc.P.
760.599.9018
Claudia Mulcahy, R.Sc.P.
760.434.9579
Gail Privetts
760.433.8082

Intern Practitioners:

Joyce Coil
760.630.6051
Serenity Miller
760.889.3000
Diana Swenson
760.434.4660

The staff at CPL gladly offers treatment work on Sunday as our gift to you.

Adventure in Abundance

Starting on Sunday, July 30, we will kick off a 5 week series on Abundance and Prosperity Boot Camp. Prosperity is more than financial wealth. It includes good health, happiness, love and joy. To live a prosperous life is to fill the good life; to have success in all areas of your life.

Based on the Prosperity Boot Camp created by The Mile Hi Church of Denver Colorado, we are pleased to be offering this life

enhancing program at CPL. Our Sunday talks will walk us through the steps of creating more abundance in our daily lives using the principles of Science of Mind.

We will further support this process by offering study support every Tuesday evening in August, starting August 1st. These study sessions will focus on the money aspect of prosperity and will include exercises and activities to do throughout the week.

The workshop and associated workbook will be offered on a love offering basis.

I encourage you to join us for this positive adventure. The information shared will be valuable to anyone seeking to live life more abundantly, with more freedom, love and laughter.

This I Believe - Gerry Dalpe

About a year ago I was diagnosed with spinal stenosis and peripheral neuropathy. The medical prognosis was poor. I had no job no money and no insurance. I felt out of control. It was then that I began my spiritual learning adventure. That adventure deepened my consciousness.

This I believe:

God is in control. Spirit is always moving

through me and I through Spirit.

Using treatment, I only need to state my needs and desires and they manifest in marvelous ways.

Each day with deep gratitude, I acknowledge the individualized expressions of God who delivered my gifts of unconditional love, fulfillment of my needs and wants. Thank you.

The challenges we receive in life are to show us that we are so much more than whom we think we are.

Our faith is the magic we all seek in our lives.

All is well.

Practitioner Corner

As a child, the 4th of July was a much anticipated time in the small town in Ohio where I grew up. There were parades, pageants and fireworks along with the requisite grilling of hot dogs and gathering of friends. How glorious it was to watch the whole town shut down for one day as all of the locals marched, rode on a float or watched as the parade loudly proceeded down Main Street. I remember feeling pride that I was a part of something so much bigger than "me".

This July had been as eagerly anticipated by me as any in my life but for a different sort of freedom. After five years of classes and studies, this July I graduate Science of Mind 400 and become a licensed minister. At first, I looked forward to my new "free time" - time that I would not spend studying for tests and writing papers. But that anticipation was short lived when I realized that my time would now be spent studying for growth and writing Sunday talks. Suddenly, and a little unexpectedly, I was struck with fear. For so long, I had been waiting for this time to come and now that it was just around the bend, I felt unprepared. The "what if's?" were plentiful... for a minute anyway.

If I have learned anything in this teaching, it is that life is what I make it and if I don't like something all I need to do to change it is to treat and move my feet. So I did. I moved my feet right over to my friend's postal store to mail out the last of my licensing paperwork. I took a deep breath as I mailed out my application for licensing to Religious Science International, treating all the while to know that I was on the right path and that my inner guidance had not taken me this far to let me fail now.

The late Ambrose Redmoon once said "Courage is not the absence of fear, but rather the judgment that something else is more important than fear." If I had to find something more important than fear, well then, remembering that "we are all one" would do nicely. As an adult, I still enjoy the 4th of July and while I continue to believe freedom should be celebrated, I now know that there are many, many types of freedom. Today I choose to celebrate more personal freedoms like freedom of thought and freedom from fear. Just like when I was a child, I feel pride in celebrating these freedoms, knowing that I am a part of something that is so much bigger than "me". I am

community; I am a part of you.

Walking out of the store, I was overcome with a sense of unity, gratitude and peace. For the first time in my life, I felt completely aware. I had made an instantaneous paradigm shift and watched it happen. I was humbled by the simplicity of the statement "Change your thinking, change your life." This concept that I had heard every Sunday for years made its journey from head to heart, not on a mountain top in Tibet, not at a spiritual retreat, but in a postal store in Oceanside. The Seneca tribe of Native Americans, ever in touch with their own unity and divinity, had a beautiful greeting; "Thank you for being." They knew that that was enough. Today I know that too. I always was who I always wanted to be. And so are you. With all of my heart, I want to say to you, "Thank you for being."

Namaste,
Serenity Miller

"If I have learned anything...it is that life is what I make it and if I don't like something all I need to do to change it is to treat and move my feet. So I did."



The Center for Positive Living - Carlsbad

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OUR VISION

Awakening humanity to its
Spiritual magnificence

STATEMENT OF TRUTH

There is a Power for Good
in the Universe and
you can use it!

OUR MISSION

To Teach, Demonstrate and
Inspire a Positive Spiritual
Approach to Living

Save The Date

- July 16 at 11:30-1:00 – Claudia Mulcahy will present a slide show and commentary on her mission to Ukraine
- Yoga being offered every Saturday in July from 1-3
- Qigong on July 2 from 11:30- 1

The Divine Plan is one of freedom; bondage is not God-ordained. Freedom is the birthright of every living soul. All instinctively feel this. The Truth points to freedom under Law. Thus the inherent nature of man is forever seeking to express itself in terms of freedom. We shall do well to listen to this Inner Voice, for it tells us of a life wonderful in its scope, of a love beyond our fondest dreams, of a freedom the soul craves.

(Religious Science 1932; p. 10.1)

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