

OCTOBER 2006

The Center for Positive Living Religious Science Church

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Dr. Jane Claypool
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Rev. Debby O'Donnell
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Rev. Matti Dobbs
Assistant Minister

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Serenity Miller
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OCTOBER THEME
Exploration

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Rev Debby O'Donnell

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Exploring Love

As I have lived my life, many new worlds opened up to me because of my personal exploration of self. Much of what I've learned, I've learned from books and wise teachers and I am grateful but the important voyage of discovery was independent study.

My most important life journey has been all about love. I have experienced the world of love as something that expands life and makes it meaningful. And in the exploration of that world, I have learned that *one must be love in order to*

attract love.

Being love instead of attempting to attract love sounds like a platitude until you actually set sail and seek to make beautiful music with another, with your world, and with yourself. Once you set sail, no matter how many unfriendly waters, how many dragons you encounter or how many strange and exotic ports you visit, you will eventually learn that the voyage is in vain unless you love yourself and know in your heart that you are all right in yourself.

When I was younger, I thought that all I had to do was find the right person to love me and I would feel all right about myself. I wished my parents could love me more and criticize me less. I wished my boyfriends could behave better and be more like the Princes Charming I saw in movies or read about in books. If only this one would pay more attention to me.... If only that one would contribute more to my financial well being.... If only that one would stop drinking....

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Exploring Life

Have you ever picked up a new thought book written in the early 1900s and find the words, the circumstances and conditions fit the world today? Those books that pass the test of time become timeless classics and provide common ground to connect generation to generation. The Science of Mind textbook is such a book. First published in 1927 and revised in 1938, the words still ring true today

and the examples are as valid today as they were when first written.

I have recently purchased a new text book and am reading it with "beginner's eyes". The wisdom between the pages continues to expand the way I look at the world and at myself. Our founder, Ernest Holmes, believed the greatest discovery of all time is the discovery of the Intelligent Law of Creative Force

which can be consciously directed and definitely used. He knew the key to a successful life starts in mind and growth, real growth, can only happen when we change our thinking.

No matter what the changes on the outside, it can not change our true nature until we change our thinking and understanding of ourselves.

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Exploring Love *continued from page 1*

"In wisdom gathered over time, I have found that every experience is a form of exploration."

Ansel Adams

If only that one would ask me to marry him.... When I was married, I was never quite satisfied that real life was less about romance and more about partnership than I wanted. I was also dissatisfied with my friends and colleagues who didn't show me enough appreciation and love. And so my litany of complaints about other people who refused to learn the lines I'd written for them went on and on.

Eventually, through the help of wise friends, psychologists, and mostly through the help of Science of Mind, I got it that it wasn't up to anyone else to love me – that I had to do the job myself. I made peace with myself and began to accept myself for who I was and to know in my heart of hearts that I truly was a

unique expression of God. Since I knew that God is Love, it was logical to know that my essential nature must be Love. All I had to do was let my true nature express Love.

When that equation was firmly in place, I was in love with fell in love with myself and everyone in my world and they were in love with me. If it wasn't a comfortable love, we parted and I loved them from a distance. While I might miss them and even wish things could be different, I knew that I was all right and so were they. One can only maintain an attitude of loving and letting go when one is certain that the Source of all Love is God, never a particular other person.

When I look at how I felt the shortage of love as a

child and as a young woman and I see how surrounded I am by love today, it feels as though I have traveled to an entirely different planet. My space ship carted me off from a cold, unfriendly and sometimes terrifying place of limitation to a wonderful, warm and happy place of unlimited love. Life is really good in the Love Department and it all happened because I learned that one must be love in order to attract love.

Anyone can do it a day at a time; or a moment in time. Don't let another second go by without expressing love to someone somewhere. It is the best thing you can do to be the best you that you can be.

Dr. Jane

"Exploration is really the essence of the human spirit."

Rita dove

Exploring Life *continued from page 1*

All of the material stuff is just that until we look within, see our true nature as the Devine and acknowledge our connection to the One.

Technology has definitely advanced, but our need to be recognized has not. Information is available with a click of an Internet browser but we still do not know our true nature. We are still seeking the "truth that shall set us free" because freedom is what drives all of us. The

freedom to be without worry, fear or doubt. The Freedom to be happy healthy and wealthy. Holmes tells us:

"The Divine Plan is one for Freedom; bondage is not God-ordained. Freedom is the birthright of every living soul... the inherent nature of man is forever seeking to express itself in terms of freedom."

Join us this month as we explored chartered and un-chartered territory in

terms of Self, Spirit, the Visible and the Invisible from the eyes of an explorer. Along the way, we will uncover pearls of wisdom, gems of understanding and a happy path home.

As we expand our thinking, greater good will show up. Come along with us and see all of the possibilities through the beginner eyes of an explorer.

Rev Debby

October 2006 - EXPLORATION

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Discovery Class 11:15 Rev. O'Donnell & Dorree Hodge Qigong 1-3pm Gail Privetts, RScP	2 Al-Anon 12pm	3 SOM 101 7pm Rev. Debby O'Donnell Wisdom Healing Qigong-Master Gu 7-9pm	4 SOM 208 1pm Rev Heley Board Mtg 5:00pm SOM 205 7pm Rev. Miller	5 SOM 204 – 7pm Rev. Dobbs AlAnon-7:30pm	6 Al-Anon 12pm & 7:30pm AA Meeting 7:30pm	7 Qigong Training- Master Mingtong Gu 10-6om Kundalini Yoga 8- 10am Gay AA Meeting 6pm
8 Qigong Training- Master Mingtong Gu 12-6om New Member Sunday	9 Al-Anon 12pm	10 SOM 101 7pm Rev. Debby O'Donnell	11 SOM 208 1pm Rev Heley SOM 205 7pm Rev. Miller	12 SOM 204 – 7pm Rev. Dobbs AlAnon-7:30pm	13 Al-Anon 12pm & 7:30pm AA Meeting 7:30pm	14 Kundalini Yoga 8- 10am Gay AA Meeting 6pm
15 Treatment 102 11:15-12:15 Rev. Serenity Miller	16 Al-Anon 12pm	17 SOM 101 7pm Rev. Debby O'Donnell	18 SOM 208 1pm Rev Heley SOM 205 7pm Rev. Miller	19 SOM 204 – 7pm Rev. Dobbs AlAnon-7:30pm	20 Al-Anon 12pm Conversations with God Movie 7pm	21 Kundalini Yoga 8- 10am Gay AA Meeting 6pm Conversations with God Movie 7pm
22 Conversations with God Movie 1pm	23 Al-Anon 12pm	24 SOM 101 7pm Rev. Debby O'Donnell	25 SOM 208 1pm Rev Heley SOM 205 7pm Rev. Miller NO MOVIE NIGHT	26 SOM 204 – 7pm Rev. Dobbs AlAnon-7:30pm	27 Al-Anon 12pm & 7:30pm AA Meeting 7:30pm	28 Kundalini Yoga 8- 10am Gay AA Meeting 6pm
29 Face Reading Workshop 11:30-1pm	30 Al-Anon 12pm	31 Book Club 1pm SOM 101 7pm Rev. Debby O'Donnell				

Affirmative Prayer

The CPL staff is well trained and available for one on one treatment work. Their fees are modest and no one is ever turned away. Contact numbers are:

Ministers

Rev. Matti Dobbs
760.214.5628
Rev Barbara Heley
760.967.1614
Rev. Serenity Miller
760.889.3000
Rev Debby O'Donnell
619.857.1929

Practitioners:

Dorree Hodge, R.Sc.P.
760.599.9018
Claudia Mulcahy, R.Sc.P.
760.434.9579
Gail Privetts
760.433.8082

The staff at CPL gladly offers treatment work on Sunday as our gift to you.

Did you know many members of CPL tithe with an automatic credit card payment? Collect those miles while supporting the Center. Visa and Master Card are accepted for classes, workshops and bookstore purchases also.

Practitioner Corner

Let not your heart be troubled, neither let it be afraid.

John 14:27

I believe in God's eternal goodness. The love and light of Spirit surrounds and protects me wherever I am. Sometimes events in our lives appear to the contrary. Such has been my experience over the last ten months. As I reflected on what I would share with you in this article I asked God to reveal to me a topic.

My mind focused on a number of unpleasant

conditions that would seem to disapprove God's goodness: being hit by a car, tearing my hamstring muscle, severing my Achilles tendon and recently discovering a water heater leak in my home. Rather than focusing on the challenges, I thought I would share with you what I learned from these events.

While sitting at my desk recently I picked up a speech written by my late husband, Russell, for our 50th wedding anniversary. While reading it, I became calm, serene and peaceful. God

speaks to us in many ways.

In retrospect, I know that I am clear about this one thing. I have the power to change my experiences each day by controlling my thoughts. All of the circumstances of the last 10 months are outward conditions. At the level of Spirit, all is well. God is in, around and through me. What God revealed to me is to rely on the power within. This power comes from God.

And so it is

Dorree Hodge

Face Reading Workshop

Face Reading is a 2,000 year old Oriental system that accurately describes a person's inner nature by looking at facial features including:

- Eyes radiate degree of Personal Awareness
- Cheeks reveals Emotional Response
- Noses gives clues to Financial potential

- Foreheads show Thinking patterns
- Jaws and Chins demonstrate Will power

Barbara Roberts will conduct a short workshop about facial features & their psychological meanings. She has appeared on many national TV and radio shows and is the author of the book "Face Reading; What Does

Your Face Say". This workshop will help you *understand how others see YOU and why they respond to you as they do!*

The workshop will begin at 11:30 on Sunday, October 29 and the cost is \$15.00. Barbara will be reading many of the faces of Class members so come join in on the fun while gaining valuable insight.

This I Believe – Rebecca Michaels

I was diagnosed with asthma when I was 18 *months* old. When I was 5 or 6 yrs old, I distinctly remember an ER doctor saying to me, “You can’t die from an asthma attack.” I took it to be the Truth. As I grew into a teenager, the asthma attacks occurred daily and were so severe that I became light-headed and my lips turned blue. However, as I felt myself slowly suffocating, I would think, “I can’t die from

an asthma attack.” And I didn’t. I was never told any other “truth” until I was in my twenties, much to the surprise of the doctor who enlightened me with *his* truth.

I wonder if the ER doctor knew about the mind, body, and spirit connection. I truly believe what he told me saved my life on countless occasions. Asthma attacks, at their worst can send the most enlightened

person into a state of panic, which, only serves to make the attack worse. My *knowing* that I would survive each attack kept me calmer and alive.

Today, although I still take daily asthma medication, I no longer have the severe attacks of my adolescence. I have a *knowing* that the Universe wants me here to fulfill a purpose and asthma will *not* be a deterrent.

Conversations with God- Sneak Preview of the Movie Book of the Month

The book and movie, adapted from the books by Neale Donald Walsch that inspired and changed the lives of millions worldwide, CONVERSATIONS WITH GOD, tells the true story of Walsch (Henry Czerny) who, at the lowest point in his life, asks God some very hard questions. The answers he gets from God/within become the foundation of an internationally acclaimed book series that has sold over 7 million copies and been translated into 34

languages. The film chronicles the dramatic journey of a down and out man who inadvertently becomes a spiritual messenger and bestselling author.

CPL is pleased to announce its participation in the sneak preview weekend of CONVERSATIONS WITH GOD. Before the film opens in theaters nationwide on the weekend of October 27th, residents of Carlsbad will get to see it first! The film will be shown on Friday, *October 20th at 7:00pm,*

Saturday, October 21st at 7:00pm, and on *Sunday, October 22 at 1:00pm.*

The cost is \$10 and includes refreshments.

Also, be sure to get your copy of this insightful revelation of what God is and what God thinks. This book will be available throughout October for a 20% discounted price of \$20.64.

Then be part of our CPL Book Club when we meet on Tuesday, *October 31 at 1 p.m.*

I Believe

- God is all Love; All that Is.
- what we know as our Truth is our Reality. No matter what that is.
- we have a unique purpose while here on earth and fulfilling that purpose is fulfilling God’s Will.
- we are all intuitive; it’s just a matter of opening our hearts and minds to the Universal Spirit.
- our Intuition leads us and keeps us on our chosen path.
- that we are all Perfect just as we are at every perfect moment.
- that even in suffering there are wonderful hidden gifts and surprises.
- what we give out comes back to us pressed down and multiplied in unique and surprising ways.
- that we are all free to choose, even if that choice is bondage.
- gratitude can set us free.
- treatment can work miracles without fail, but only if we can *accept* a miracle.



The Center for Positive Living - Carlsbad

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760.434.9584

OUR VISION

Awakening humanity to its
Spiritual magnificence

STATEMENT OF TRUTH

There is a Power for Good
in the Universe and
you can use it!

OUR MISSION

To Teach, Demonstrate and
Inspire a Positive Spiritual
Approach to Living

Save The Date

- October 3, 7PM- Wisdom Healing Presentation by Master Mingtong Gu-Lover Offering Accepted
- October 20 at 7PM, 21 at 7PM & 22 at 1PM- "Conversations with God" - sneak movie premier
- October 15 11:15 -12:15 Treatment 102 with Rev Serenity Miller-Love Offering Accepted
- October 29 11:30- 1:00 "Face Reading" with Barbara Roberts- \$15.00
- October 31 1PM- Book Club with Rev Barbara Heley-Love Offering Accepted

Treatment 102 workshop presented by Rev. Serenity Miller

Are things going the way you want them to? Are you having challengers in some areas of your life? Do you want to experience more love, joy and peace in your life?

Come and recharge your treatment skills. Learn how to ask, expect and receive the good that is yours.

"Conversations with God" at CPL

See the movie before it comes out in theaters.

Read the internationally acclaimed book.

Discuss them both

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