

December 2006

The Center for Positive Living Religious Science Church

390 OAK STREET, SUITE H • CARLSBAD, CA 92008 • 760.434.9579

Gifts That Keep On Giving

Dr. Jane Claypool
Founder and Co-Pastor

Rev. Debby O'Donnell
Co-Pastor

Rev. Matti Dobbs
Assistant Minister

Rev. Barbara Heley
Staff Minister

December THEME
Honoring the Gifts

December TOPICS

3 Gift of Time
Dr. Jane Claypool

10 Gift of Compassion
Rev. Debby O'Donnell

17 Gift of Joy
Rev. Matti Dobbs

24 Gift of Life
Rev. Debby O'Donnell

Special Music Celebration
with Laurinda Nikkel

31 Release & Renewal
Revs. Debby, Matti and
Barbara

World Peace Meditation 9:30
Special Music Celebration with
Rev Fran Loskota-Christ and
Karl Christ

This is the season for giving and receiving gifts. Neckties, video games, scarves and books decorate the base of the Christmas tree. The rustle of wrapping paper is music as common as Christmas carols. Giving and receiving gifts is nice but the most important gifts of this season can't be bought or sold. The most important gift transactions don't have anything to do with "stuff". The most important gifts are the love and joy we give to each other. And to ourselves!

We need to take time this season to celebrate what we have learned in this wonderful Spiritual teaching. Let's remember the basic teaching. Let's remember that it all comes from God. Whether it is a necktie or a brand new Lexus, it came from God. And the best way to experience God is not through neckties or mink jackets but as Love.

God is Love and without Love, no gift is worth keeping because you can't enjoy it. It really is better to have a

hand-decorated cupcake that expresses Love than a diamond bracelet that expresses guilt, duty or greed. It is better to be a gift wrapped in a paper bag with Love than decorated out of duty with gold thread and emerald stickpins. The greatest treasure of all life is Love. When you really know and express this, you become Love and you become the greatest gift you can give. You become the Jewel in God's Crown.

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'Tis the Season

"To carry peace, love, and givingness to everyone is the meaning of Christmas. To feel that we all are a part of the Divine offering is to enter into the spirit of the birth of Christ in the human mind and heart."

Ernest Holmes,
December 1962

I share this quote with you because it

represents the reason for the season to me. The gifts and the parties are wonderful but the true value of this holiday season is to celebrate the divinity within each and everyone us; to celebrate life.

So, this season, don't let the hustle and bustle get in the way of the celebration. Instead of

making a mental list of what else you have to do while standing in those long lines, make a list of what you are grateful for. Sing along with a Christmas carol as you are searching for a parking space.

Be open to the love and light that is Christmas. And more importantly be open to the love and

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Gifts That Keep On Giving continued from page 1

"If instead of a gem, or even a flower, we should cast the gift of a loving thought into the heart of a friend, that would be giving as the angels give. "

George MacDonald

Does that sound like an exaggeration? I am not exercising hyperbole. I am stating the Truth. Without Love, our lives have no meaning. Without Love, we are tragedy in action. Without Love, we die. So we want to make sure in this Season Of Joy that we give and receive and embody Love.

Let us make sure that our foremost concern is to be Love in action this season. The Truth is that we are all Love and that Truth does set us

free. I am Love in action. You are Love in action. Love is all around us. Love is all we need.

The beautiful part is that we already have plenty of Love because God is Love and everything comes from God. We just need to remember to celebrate it. We just need to remember that God is Good Love....All the time!

I hope that every one of us will take time out of the busy shopping, social, and party

season and spend time enjoying the invisible gifts of Spirit. To know ourselves as Love and Light, to spend time in laughter and quiet contemplation, to remember and acknowledge that our friends and families are gifts with or without wrapping makes sense any time of year. It makes the most sense in December. Let this be a season of Light and Love and Joy and let it begin with you and me.

Dr. Jane

'Tis the Season continued from page 1

"You give but little when you give of your possessions. It is when you give of yourself that you truly give. "

Kahlil Gibran, *The Prophet*

and light that is you. When we show up for life, really show up, that is when we start to share our gift of life.

I believe we are each a gift to this planet and to everyone we meet. A gift that keeps on giving just by being our authentic self. When you see your life as a gift to be shared, your heart opens wide; your willingness to see the goodness increases. Before you know it, there are many things to celebrate, including just being you. This is where you will find your divinity. It is that smile

you have for no reason, the random acts of kindness you do without a second thought and the feeling of wonder that overcomes you when that one holiday song takes you back.

Join me this holiday season in setting the intention of living the gift; the gift of peace, love and givingness. Be fully present and listen to the sounds of the joy that fill the air. Pay attention to those around you by acknowledging them. Stop talking on the cell phone long enough to thank the person

helping you and wish them well. Give and receive from your heart. The result will be more laughter and less complaining.

Whether you are surrounded with family and friends or going solo, celebrate the wonder that is life. And remind yourself that you are the real gift of the season. This world would not be the same without you here.

Thank you for being the light of peace, love and givingness. Thank you for being you.

Rev. Debby

December 2006

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|-------------------------|---|------------------------------------|
| | | | | | 1 Al-Anon 12pm & 7:30pm AA Meeting 7:30pm | 2 Gay AA Meeting 6pm |
| 3 Gift of Time Dr Jane Claypool | 4 Al-Anon 12pm | 5 SOM 102 7pm Rev. O'Donnell | 6 Board Mtg 5:00pm | 7 AlAnon 7pm | 8 Al-Anon 12pm & 7:30pm AA Meeting 7:30pm | 9 Gay AA Meeting 6pm |
| 10 Gift of Compassion Rev Debby O'Donnell | 11 Al-Anon 12pm | 12 SOM 102 7pm Rev. O'Donnell | 13 | 14 AlAnon 7pm | 15 Al-Anon 12pm & 7:30pm AA Meeting 7:30pm | 16 Gay AA Meeting 6pm |
| 17 Gift of Joy Rev Matti Dobbs | 18 Al-Anon 12pm | 19 SOM 102 7pm Rev. O'Donnell | 20 Candle Lighting 7pm Lesley Alexander, Music | 21 AlAnon 7pm | 22 Al-Anon 12pm & 7:30pm AA Meeting 7:30pm | 23 Gay AA Meeting 6pm |
| 24 Gift of Life & Musical Celebration Rev Debby O'Donnell | 25 Al-Anon 12pm CHRISTMAS | 26 SOM 102 -NO CLASS | 27 NO MOVIE NIGHT | 28 AlAnon 7pm | 29 Al-Anon 12pm & 7:30pm AA Meeting 7:30pm | 30 Gay AA Meeting 6pm |
| 31 Release & Renewal New Year's Eve Celebration | | | | | | |

Meditation Service 9:30 – 9:50am

Center for Positive Living
390 Oak Ave Suite H
Carlsbad, CA 92008
760-434-9579

Sunday Service & Sunday School 10:00 – 11:00am

www.centerforpositivelivingcarlsbad.org

Affirmative Prayer

The CPL staff is well trained and available for one on one treatment work. Their fees are modest and no one is ever turned away. Contact numbers are:

Ministers

Rev. Barbara Heley
760.967.1614
Rev. Debby O'Donnell
619.857.1929
Rev. Matti Dobbs
760.214.5628

Practitioners:

Claudia Mulcahy, R.Sc.P.
760.434.9579
Dorree Hodge, R.Sc.P.
760.599.9018
Gail Privetts, R.Sc.P
760.433.8082

The staff at CPL gladly offers treatment work on Sunday as our gift to you.

Did you know many members of CPL tithe with an automatic credit card payment? Collect those miles while supporting the Center. Visa and Master Card are accepted for classes, workshops and bookstore purchases also.

This I Believe – Sherry Edwards

I truly believe my thoughts control my world. I live this reality daily. This has been the case, as long I can remember even when the results were not particularly desirable. For example, having lived on Catalina Island for more than 20 years where there was little traffic I was particularly fearful, riding with crossed fingers on the freeways here, until I believe that I literally attracted an accident.

Attending church and this teaching is a source of freedom and confirmation of my perception that I create

my reality. Using this knowledge has helped me to overcome a number of health challenges. I am happy to be here among people that understand and subscribe to a similar belief system. As a result I feel that I have strengthened my spiritual connection.

Recently I had an epiphany. I went to a new acupuncturist. When I entered her office I felt a strong sense of healing and support, a feeling that I was in the right place. As I lay on the table during the acupuncture

I began to feel a wonderful warmth and then the room filled with a light so bright that I thought the lights were on. When I opened my eyes to see if someone had turned on the light I realized the room was dark. All fear and concern left me. I knew that I was all right and would be all right. I have moved to a wonderful place of knowing. This strong sense of spiritual connection supports and guides me. For this I am deeply grateful.

Sherry

Practitioner Corner

LIGHT THE WAY

As, a child I was afraid of the dark and needed to sleep with the light on. As I grew up I didn't even like the light coming in my window from the bright Sun.

Science of Mind has opened my mind to the divinity that is me in action. This is where the real light is, the light that is the "I AM". Light now represents loving energy to me.

The principles of Science of Mind give light to all that is in my world. When I live these principles through daily spiritual practice and treatment work, I see the illumination in others and myself. This shining light guides and directs me on my path in wonderful ways. Ways that are filled with love, peace joy and happiness.

Our founder Ernest Holmes tells us in the text book "There is a

light at the center of everyone. This light is never obliterated, but it does seem that it is often obscured by various reasons."

This season, please take time to share the true gift of life- the light that is shining in your eyes and reflecting from your heart. This light is my light, this light is your light and this light is God's light.

Namaste

Gail Privetts RScP

In Memoriam- Wendy Silverman

Our dear friend and former member, Wendy Silverman made her transition on November 17th. She was in her home, with her beloved husband, Barry and her children and grandchildren. The church sent flowers to the Memorial Service that was held in the Silverman home in Orinda, CA and the following letter.

Dear Barry,

On behalf of myself and all your friends at the Center for Positive Living in Carlsbad, I offer my love and my condolence for Wendy's passing. I know this is a difficult time for you and your children and grandchildren and my heart goes out to you. I just wish we could all be there to put our arms around you and give you a big hug. Please know that you are surrounded by our love and we are with you in spirit even if we cannot be there in person...

Everyone who knew Wendy was blessed. She was truly a gift to this Center and to all of us. We had many

wonderful times together over a lot of amazing years and we will never forget her.

I will personally treasure Wendy as long as I live. Each morning, I look into the delightful hand painted mirror that she decorated and I remember her as the Life, Love, Joy and the Wisdom of God. She was a talented artist and a generous woman. The book she assembled for my doctoral celebration is in our church library and people continue to enjoy it on a weekly basis. Most of all, I thank you and Wendy for all the loving gifts you brought to the church. Your interest, your enthusiasm, your humor and your joy were always there and you were always supportive. You were a generous and loving couple and it is important at this time to remember that Love never dies.

Those final years you and Wendy spent together were years to be treasured for the closeness, the love and the caring you were able to express. Barry, you did

a wonderful job of taking care of your girl and I know you remained optimistic up until the end. Your ability to live this teaching is a lesson to us all. Please continue to live this teaching by knowing that life does continue on the other side and that Wendy's life is eternal.

Barry, you and I know that we are all unique and individual expressions of God. Wendy knew that as well and she did the best job of being that Life, Love, Joy and Wisdom of God that anyone could hope for.

She was a wonderful friend, a fabulous artist, a richly devoted wife and amazing daughter, mother and grandmother. We all knew her in different ways but we all knew her essence as Love and that essential Love cannot die. We knew, and continue to know her, as Love in Action. As we release her to Eternal Spirit, knowing that she returns home, we thank God that she was in our lives and we know that all is well. And all will be well.

And so it is....
Dr. Jane Claypool

Book of the Month- Gift of Love

"Our first and foremost task is to fill our consciousness with love." This quote is by Joel Goldsmith author of December's book of the month. In this month of preparation and celebration of our holiday season, what could be more

important than to remember to give this primary gift of love for God and our fellowman? Goldsmith devotes the chapters of this book to show exactly how to accomplish this with our friends, family, and fellow travelers on

planet earth. In honest and moving language, Gift of Love reveals the power that love holds out to each one of us to transform ourselves and our world. Consider giving copies to those on your holiday list. Our discounted price is \$13.74.

December Events

Candle Lighting Service

December 20th –
Wednesday at 7:00pm

Music by Lesley Alexander

Refreshments following

Christmas Eve Service

December 24th - Sunday
9:30am Healing Meditation

10:00a.m. "The Gift of Life"
with Rev Debby

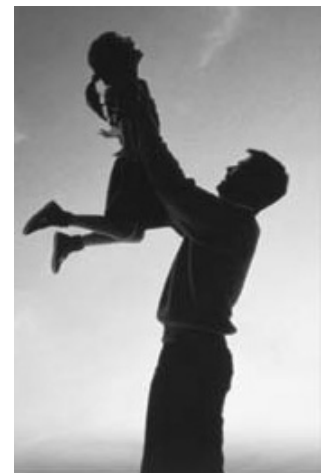
Special Musical Celebration
by Laurinda Nikkel

New Year Eve Celebration

December 31st – Sunday
9:30am World Peace
Meditation

10:00a.m. Release and
Renewal Celebration
With Burning Bowl
Ceremony

Special Music by Fran
Loskota-Christ and Karl
Christ



The Center for Positive Living - Carlsbad

390 Oak Street, Suite H
Carlsbad, CA 92008

PHONE:
760.434.9579

DIAL-A-TREATMENT:
760.434.9584

OUR VISION

Awakening humanity to its
Spiritual magnificence

STATEMENT OF TRUTH

There is a Power for Good
in the Universe and
you can use it!

OUR MISSION

To Teach, Demonstrate and
Inspire a Positive Spiritual
Approach to Living

Save The Date

- December 20th 7PM – Candle Lighting Service
- December 24th 10:00 a.m. Christmas Eve Service with Musical Celebration by Laurinda Nikkel
- December 31st 9:30 a.m. World Peace Mediation
- December 31st 10 a.m. Release and Renewal Celebration with burning bowl ceremony. Musical Celebration by Rev Fran Loskota-Christ and Karl Christ

Upcoming January Events

Wed Jan 10th 7-9 PM – Topic: Increase Your Income with a Budget

Join Claudia Mulcahy, RScP and put the fear of budgeting aside. As a Business Coach, Claudia will share what she teaches her clients on how to create and follow a budget. Cost is \$20.00 Bring a calculator if you have one.

Wed Jan 17th 7-9 PM Getting the Job You Want!

Come set your intention to be in your perfect/right job, and pick up some great tips to raise your consciousness to draw that job to you. Lead by Claudia Mulcahy, RScP and professional Business Coach. Cost: \$20.00

Monday Jan 8th 6-7 PM Wisdom Healing Qigong Class

Join Gail Privetts, RScP for an eight-week introduction course to Qigong. Cost is \$15.00 per class or \$100.00 for all 8 weeks with prepayment.

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