

February 2007

The Center for Positive Living Religious Science Church

390 OAK STREET, SUITE H • CARLSBAD, CA 92008 • 760.434.9579

Putting Love to Work

Dr. Jane Claypool
Founder and Co-Pastor

Rev. Debby O'Donnell
Co-Pastor

Rev. Matti Dobbs
Assistant Minister

Rev. Barbara Heley
Staff Minister

FEBRUARY THEME
L.O.V.E.

FEBRUARY TOPICS

4 Love Is An Inside Job
Rev. Matti Dobbs

11 Oneness For All
Rev. Debby O'Donnell

18 Vision to Grow
Dr. Jane Claypool

25 Expectation Down to Your Toes
Rev. Debby O'Donnell

The word Love is used in so many ways that it is sometimes difficult to understand what we are talking about when we say, "I love...so and so". When I say I love macaroni and cheese it must mean something quite different than I love John or Mary. Yet despite semantic difficulties, we find that the word love is very, very important to our language and to our understanding.

Love is our theme of the month and the talks will help us clarify the word in terms of our own lives and experiences. We will be talking about God, as Love and we will also be taking a good look at how love is working in

our own lives. It is an important month for everyone at the Center For Positive Living. We hope you will be there every Sunday.

Not all love is romantic or sexual but this month is a traditional time to look at the subject and so we have chosen our theme with an eye to many aspects of the subject. Actually, Love is an important theme all months of the year. Christmas is about Love. April and springtime is about Love. September and the Harvest is also about Love.

In February, we are bombarded by references to romantic love. People recommit to their marriage, give

each other chocolates and flowers or send valentines. Love takes first place in this month but in reality, love, more broadly defined, is the major motivation and concern for most of us every month of the year.

We base most of our activities and choices on our desire for love. We choose our friends because we love to be with them. We get married and have children because we want to express love in our lives. We join our church because we love the message and people. We work in a job because we love it. Or at the very least, we love the money.

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Love Beyond Appearance

The Eskimo has fifty-two names for snow because it is important to them; there ought to be as many for love.

Margaret Atwood

There was a time in my life when love was based on how good my current "romantic" relationship looked to others. Not how I felt; not how much joy was experienced. No it was not about the inside but the outside. Needless

to say, I was not very successful nor very happy.

It took some pretty bad relationships that "looked good" to everyone else before I got off the merry-go-round and admitted that I did not know what I

really wanted or who I really was. That was the first step of an incredible journey, which I am still on. I now know that love starts as an inside job; loving, liking and respecting oneself.

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You cannot be lonely if you like the person you're alone with.

Wayne Dyer

Putting Love to Work *continued from page 1*

A lot of our time and energy goes into moving in the direction of the things we love and away from the rest of the stuff out there. Sometimes it takes some experimentation to discover we don't love pickled herring or riding motorcycles and do love sweet potatoes and swimming. Experimentation is important and adds to the quality of life. Eventually, nearly everyone is motivated to give up the things that we don't love and seek new experiences and companions that we do love.

Some of us are better

than others in giving and receiving love, but all of us have a built-in desire to experience it. The key to more and better love in our lives is found in Science of Mind in the Law of Circulation. In spiritual truth, we learn that we cannot get anything that we cannot give. We also learn that we must consciously give in order to attract love, or any other desired quality.

This is the way it works. A loving person attracts more love into his or her life than a person who wants love and has the mistaken belief he can hold onto it. A truly loving person finds

ways to rejoice in her or his ability to express love everywhere, not just in small amounts so the other person will get more back than was given out.

We have all had at least some experience when a gift was not really freely or lovingly given. This month, we will discover that God as Love has given us the gift of Life and that it is truly given freely. We get to design our own lives and the Center is a place to learn how to design a life filled with Love. See you there.

Dr. Jane

Love Beyond Appearance *continued from page 1*

I have proven that you can attract the right partner by becoming more of what you want to have in a partner. This teaching has helped me see that the more willing we are to be our true selves, the more love flows from us and to us in many wonderful ways. Ways that we ourselves could not have planned. When we stop the worry and fear and begin to participate in life, love shows up ready to play. And with it comes joy,

confidence, insight and splendor. It expresses as gratitude, laughter, passion and energy. And yes, companionship.

This month, we are going to look at love from a few points of view, explore our connection with each other and see how contagious that good feeling can be. Florence Scovel Shinn, one of my favorite authors, tells us of love:

"Real love is selfless

and free from fear. It pours itself out upon the object of its affection, without demanding any return. Its joy is the joy of giving. Love is God in manifestation, and the strongest magnetic force in the universe."

Join us as we explore the many facets of love from the inside, the God side.

Hearts, flowers and chocolates included!

Rev. Debby

Loving is not just looking at each other, it's looking in the same direction.

Antoine de Saint-Exupery

February 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Al-Anon 7pm	2 Al-Anon 12pm & 7:30pm AA Meeting 7:30pm	3 Gay AA 6pm
4 Rev Matti "Love Is An Inside Job"	5 Al-Anon 12pm Qigong 8 week Class Gail Privetts \$15 per class or \$100 all classes 6-7PM	6	7 Book Study What the Bleep. Rev Heley 1pm	8 Al-Anon 7pm	9 Al-Anon 12pm & 7:30pm AA Meeting 7:30pm	10 Gay AA 6pm
11 Rev Debby "Oneness for All" Increase your Income with a Budget 12-2 p.m. Claudia Mulcahy	12 Al-Anon 12pm Qigong 8 week Class Gail Privetts \$15 per class or \$100 all classes 6-7PM	13	14 NO BOOK STUDY CLASS CLASS	15 Al-Anon 7pm SOM 103 This Thing Called You – 7pm Rev Dobbs	16 Al-Anon 12pm & 7:30pm AA Meeting 7:30pm	17 Gay AA 6pm
18 Rev Jane "Vision To Grow"	19 Al-Anon 12pm Qigong 8 week Class Gail Privetts \$15 per class or \$100 all classes 6-7PM	20	21 Book Study What the Bleep. Rev Heley 1pm	22 Al-Anon 7pm SOM 103 This Thing Called You – 7pm Rev Dobbs	23 Al-Anon 12pm & 7:30pm AA Meeting 7:30pm	24 Gay AA 6pm The Love Connection- An Interactive Workshop Rev Matti 9:30-12:30
25 Rev Debby "Expectation Down To Your Toes" 11:00 ANNUAL CHURCH MEETING	26 Al-Anon 12pm Qigong 8 week Class Gail Privetts \$15 per class or \$100 all classes 6-7PM	27 Book Club 1pm	28 Book Study What the Bleep. Rev Heley 1pm Spiritual Cinema 7pm			

Center for Positive Living

390 Oak Ave Suite H, Carlsbad 92008

760-434-9579

www.centerforpositivelivingcarlsbad.org

Meditation Service 9:30 – 9:50am

Sunday Service & Cosmic Kids 10:00 – 11:00am

Practitioner Corner

Affirmative Prayer

The CPL staff is well trained and available for one on one treatment work. Their fees are modest and no one is ever turned away. Contact numbers are:

Ministers

Rev. Debby O'Donnell

619.857.1929

Rev. Matti Dobbs

760.214.5628

Rev. Barbara Heley

760.967.1614

Practitioners:

Dorree Hodge, R.Sc.P.

760.599.9018

Claudia Mulcahy, R.Sc.P.

760.434.9579

Gail Privetts, R.Sc.P.

760.433.8082

The staff at CPL gladly offers treatment work on Sunday as our gift to you.

Did you know many members of CPL tithe with an automatic credit card payment? Collect those miles while supporting the Center. Visa and Master Card are accepted for classes, workshops and bookstore purchases also.

Feng Shui is an ancient and respected Chinese practice of being in harmony with our surroundings. It is based on the belief that our outer life reflects our inner life. So by creating the correct balance in our living environment, we are creating inner peace and improve the flow of energy in our daily lives.

In Science of Mind, we also recognize the importance of being in harmony with our surroundings however the focus is more inwardly directed. What we think is reflected in our surroundings.

Once I began to recognize how my inner life is reflected in my outer world, a blessed shift happened. My life is not only harmonious, but it is filled with love,

laughter and balance. By having a daily spiritual practice and working on myself, not only do I have an inner balance but balance throughout my entire life. This is because inner works opens your heart and lets the love flow.

There are moments when I know that I am thinking with my heart and love shows through my actions. I find myself really listening to my family and friends with my heart and when I do, I have greater understanding. Now, any of you who know me know how much I like to talk. But I am a great listener as well thanks to being a practicing Religious Scientist. You see I now have tools to work with, a community to be

involved with and a heart connection that continues to be more available as I continue my work.

Join me this month in sharing the love. Open your heart, your ears and your mind to the great potential that this Universe has in store for us. Trust me, when you give from the heart with no strings attached, you will not only find a greater balance but you will have doors open and smiling faces always greeting you.

With my heart and my mind, I let go and let God do the work. I know I am love.

Doree Hodge

This Thing Called You - Science of Mind 203

There is a creative urge seeking expression through each of us. This creative expression is the Divine. Like the planets, moon and stars each of us is an integral part of the universal flow. Would you like to learn more about how the creative process works in your life?

In this class you will learn about This Thing

Called You, your spirituality, and how to create and attract the life you want. Enroll to day and learn to set your intention, attract your prosperity and live a successful, fulfilling life based on your dreams and aspirations.

Reverend Matti Dobbs will teach this class beginning 7:00 PM

Thursday, February 15, 2007 at the Center For Positive Living, 390 Oak Avenue, Suite H, Carlsbad, CA 92008

Call (760) 434-9579 for further information

Book of the Month-How to Expand Love - His Holiness the Dalai Lama

The Dalai Lama presents seven steps for developing love through knowing that all of us have tremendous power to improve our minds and therefore our lives. He contends that our minds are pure as the blue sky and we bring on the dark clouds by our tendency to judge others and our circumstances. Meditative exercises and "booster" techniques provide a foundation for increasing our circles of love from our close relationships

to our casual and ultimately our enemies. We are already aware of the Dalai Lama and his capability of forgiving the Chinese for their overthrow of the Tibetan government and the destruction of the Buddhist monasteries. The ability to love your enemy has been amply demonstrated by the Dalai Lama and he now shares his definite steps for love and forgiveness that we may master the techniques.

If we harbor anger, hate or resentment in our

minds, we are destructive of ourselves. Let's broaden our love, awareness and heal our consciousness by reading and discussing this wonderful book.

The CPL Book Club meets on Tuesday, February 27th at 1 PM. Get your copy at our bookstore for a 20% discount; just \$12.07 the month of February

Annual Meeting

Following the church service on February 25, 2007 we will be sharing our goals and making plans for our fantastic future. Your attendance is truly important, especially if you are a member.

Get Ready for Unscheduled Income!!!!

We will begin our annual Unscheduled Income Program on March 1st and this year we will be including daily affirmations sent directly to your e-mail box.

Sign up sheets will be in the March Newsletter but if you want to get a jump start, call the office or see me after service any Sunday.

Remember, it all comes back pressed down and multiplied.

Rev. Debby O'Donnell.

The Love Connection: An Interactive Workshop - Rev. Matti Dobbs, PH.D

To: Attract, Enrich, Expand, or Renew your love life!

Attend this dynamic workshop to enhance your relationships with loved ones friends, family, manager or co-workers.

We will explore:
Love and spirituality.

Ego-based versus spiritual-based love as a foundation for satisfying and lasting love.

Loving self as a means

to improve relationships. Your core beliefs regarding love.

Ways to transform unconscious loving into conscious loving.

Communication and sharing as a means to enhance relationships; and design an action plan to attract and enhance the love you desire.

Saturday, February 24,
9:30 A. M. - 12:30 P. M.
Donation: \$ 15

Matti Dobbs, Ph. D. is Assistant Minister at the Center for Positive Living and a Professor Emeritus at San Diego State University with a long career in training, human behavior and communications.



The Center for Positive Living - Carlsbad

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760.434.9584

OUR VISION

Awakening humanity to its
Spiritual magnificence

STATEMENT OF TRUTH

There is a Power for Good
in the Universe and
you can use it!

OUR MISSION

To Teach, Demonstrate and
Inspire a Positive Spiritual
Approach to Living

Save The Date

Spiritual Cinema – The Hired Heart - Wednesday, February 28th 7:00 p.m.

The Hired Heart is a light romantic comedy about a woman in the midst of getting on with her life two years after her husband had died. As the only doctor in a small mountain community, she's the town's most eligible bachelorette, but the last thing she wants is a new man in her life. To fend off the town's efforts to marry her off, she goes to extreme measures to prove that she is happily involved in a romance of her own. As fiction turns to fact, she is forced to face the reality that she hasn't yet moved on at all, giving us a lesson in letting go of the past. An inspiring, sometimes farcical, forays into love that has the power to awaken the romantic in all of us.

Doors open at 6:30 p.m., movie starts at 7:00 p.m. Hosted by Caroline Young. Refreshments. Love donations accepted.

Back by Popular Demand-Increase Your Income with a Budget

Did you know most people do not have a budget? They think it's too complicated, too scary or have no idea how to start a budget. "Budgeting has nothing to do with money. It is about our choices and priorities." Come join Claudia on Sun Feb 11th 12-2 PM and put the fear of budgeting aside. Claudia lives within her budget, and as a Business Coach for the nation's largest and most successful coaching company she teaches her clients how to have and follow their budget. Cost is \$20.00; bring a calculator if you have one.

Wisdom Healing Qigong - 8-Week Workshop

Begin 2007 with this 8-week introduction course in Wisdom Healing Qigong. Learn healing, regenerative techniques. Qigong improves the conscious potential of the holistic body.

Mondays – 6-7pm January 8th to February 26th

Gail Privetts, RScP and Qigong Instructor

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