

April 2007

# The Carlsbad Center for Positive Living

Religious Science Church

390 OAK AVENUE, SUITE H • CARLSBAD, CA 92008 • 760.434.9579

## It's the Law

**Dr. Jane Claypool**  
Founder and Co-Pastor

**Rev. Debby O'Donnell**  
Co-Pastor

**Rev. Matti Dobbs**  
Assistant Minister

**Rev. Barbara Heley**  
Staff Minister

**APRIL THEME**  
Beyond the Secret

### APRIL TOPICS

**1<sup>st</sup> Secret Discovery**  
No Fooling  
Dr. Jane Claypool

**8<sup>th</sup> Secret Trust**  
No Doubting  
Rev. Debby O'Donnell

**15<sup>th</sup> Secret Action**  
No Waiting  
Rev. Matti Dobbs

**22<sup>nd</sup> Secret Fulfillment**  
No Digging  
Rev. Debby O'Donnell

**29<sup>th</sup> Secret Love**  
No Secret  
Rev. Debby O'Donnell

*What lies behind us and  
what lies before us are tiny  
matters compared to what  
lies within us.*

- Ralph Waldo Emerson

I believe that The Law of Attraction is an idea that has been around forever. It is based on the powerful truth that all form and all events come out of Spirit. First comes Mind or Spirit and then comes Form. We need to direct our thoughts because our consciousness (our thoughts, emotions and beliefs) is attracting forms and events.

Those of us in Science of Mind have heard this concept many, many times. However, we are only a small part of the general population and we are still inclined to call our Religious Science churches the "best kept secret". Even if our churches remain little known, the

The Secret spells out for us these 3 simple steps. Simple but not always easy. As we grow and experience life, we are influenced by our mentors and peers. We collect habits and form ideas of how things "should" be.

And often, we lose sight of what we really

concepts we teach are attracting new attention.

What's recently changed is that more people are talking about and attempting to use the spiritual law of attraction to get what they want in their lives. And that is a good thing! Since the video and book **The Secret** hit the media, the Law of Attraction has become a better-known concept. Isn't that wonderful?

I first encountered the idea that you could use your thoughts and dreams (consciousness) to get what you wanted in life at a very early age.

Wishing upon a star, praying for roller skates or tossing a penny down the wishing well all were

want while trying to fit in and live the good life.

For myself, I stayed in a bad marriage much longer than I needed to simply because I did not want to appear as a failure. I was so focused on chasing the dream of career, loving husband, two kids, a dog, a cat and

primitive ways to use the secret of putting Mind or Spirit before form. Fairy tales contained many supporting examples of how our consciousness creates our reality. Of course in a fairy tale, there was usually some godmother with a wand or leprechaun with a long beard to pull that brought the magic. But you didn't have to be too smart to notice that the magic only rewarded "good" people.

Cinderella was a lovely young woman who deserved what she got. So did her nasty stepsisters.

*Continued on page 2*

a white picket fence that I lost myself along the way. And then, when things started to fall apart, because they always do when you hold on as tight as I was holding on, I was completely surprised. No one else was surprised.

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## Now Is The Only Time

*continued from page 1*

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*"Cherish yesterday,  
Dream tomorrow,  
Live today.*

*Richard Bach  
('Jonathan Livingston  
Seagull')*

So when someone says, "What goes around, comes around," you can understand the phrase if you never believed in Cinderella or Puss In Boots. Good thoughts attract good things. Good character is rewarded in the end.

That's why we need to constantly renew our faith in the power of positive thinking in order to use the Law of Attraction easily. That's another reason why study, church attendance and selective choices are so important. Life can and should be a joyous spiritual journey where the choices we make reinforce our most desired goals. We use the Law of Attraction every time we make a choice. We choose stories with happy

endings so we can have a happy life. We choose to express love so we will attract love. We choose to live a wealthy, fearless financial life so we can be wealthy. We choose to practice good health habits so we can be healthy. And that is how the secret is revealed in our lives.

The secret to getting what we want in life is really and truly to "become" that quality. That's why the antidote for loneliness is to offer friendship to someone else. That's why generous tithing to our spiritual center is the antidote to fear of poverty. That's why thinking healthy thoughts and choosing healthy habits is the antidote to illness. It does no good to worry

about poverty because that worry is your consciousness in action and the law of attraction will bring you lack and limitation. It is far better to identify with riches on a daily basis in your treatment work. Your choices do make all the difference.

What I am saying is that it is important to make sure you are using the secret in ways that will bring you the results you want. That means giving up negative habits of thought. The great songwriter, Johnny Mercer told us to accentuate the positive. A modern speaker might say, "Keep your eye on the prize." The Master Teacher Jesus said "Let thine eye be single."

Dr. Jane

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*I think of life itself now as a wonderful play that I've written for myself... and so my purpose is to have the utmost fun playing my part.*

*-Shirley MacLaine*

## Ask - Believe - Receive

In fact, my family was relieved. My marriage counselor actually introduced me to Science of Mind and I will be forever thankful. I was ready to relearn how to ask, believe and receive.

The tools of affirmative prayer, meditation and journaling opened my mind and my heart. I started to love myself, respect myself and feel deserving on all the good this life has to offer. I was open to the miracles of life

and they soon started to show up.

Our founder, Ernest Holmes wrote in 1935 "If we have a strong picture, or mental concept, of what we desire and hold to that mental equivalent regardless of circumstances or conditions, we must sooner or later manifest according to the concept."

So I ask you, what is standing in the way of the miracles? What do you

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need to work through so the real desires can not only be uncovered but also realized? This month we are going to go beyond the Secret and look within.

Join us as we uncover new dimensions within us, explore belief systems that are working for us as well as against us and put the tools of affirmative prayer to work in our lives.

Rev. Debby

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# April 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 <b>Secret Discovery Movie-The Secret</b> 11:30 am <b>Qigong Healing Circle-G Privetts</b> 12:45 – 1:15</p>	<p>2 <b>Al-Anon 12pm</b></p>	<p>3 <b>SOM 209 7:00 pm</b> Dr. Jane Claypool <b>Level 1 Qigong</b> Gail Privetts 5:30 –6:30 pm</p>	<p>4 <b>Board Mtg 5:00pm</b> <b>Beyond the Secret</b> The 1<sup>st</sup> Principle in the Science of Getting Rich 7-9 pm <b>Claudia Mulcahy</b></p>	<p>5 <b>Al-Anon 7pm</b> <b>SOM 103 This Thing Called You – 7pm</b> Rev Dobbs</p>	<p>6 <b>Al-Anon 12pm</b>  <b>AA Meeting 7:30pm</b></p>	<p>7 <b>Gay AA Meeting 6pm</b></p>
<p>8 <b>EASTER Secret Trust</b> <b>Rev. Debby O'Donnell</b></p>	<p>9 <b>Al-Anon 12pm</b></p>	<p>10 <b>SOM 209 7:00 pm</b> Dr. Jane Claypool <b>Level 1 Qigong</b> Gail Privetts 5:30 –6:30 pm</p>	<p>11 <b>Beyond the Secret</b> The Impression of Increase 7-9 pm Claudia Mulcahy</p>	<p>12 <b>Al-Anon 7pm</b></p>	<p>13 <b>Al-Anon 12pm</b>  <b>AA Meeting 7:30pm</b></p>	<p>14 <b>Gay AA Meeting 6pm</b></p>
<p>15 <b>Secret Action</b> <b>Rev. Matti Dobbs</b></p>	<p>16 <b>Al-Anon 12pm</b></p>	<p>17 <b>SOM 209 7:00 pm</b> Dr. Jane Claypool <b>Level 1 Qigong</b> Gail Privetts 5:30 –6:30 pm</p>	<p>18 <b>Beyond the Secret</b> 'Gratitude' 7-9 pm Claudia Mulcahy</p>	<p>19 <b>Al-Anon 7pm</b></p>	<p>20 <b>Al-Anon 12pm</b>  <b>AA Meeting 7:30pm</b></p>	<p>21 <b>Gay AA Meeting 6pm</b></p>
<p>22 <b>Secret Fulfillment</b> <b>Rev. Debby O'Donnell</b></p>	<p>23 <b>Al-Anon 12pm</b></p>	<p>24 <b>Book Club 1pm</b> <b>SOM 209 7:00 pm</b> Dr. Jane Claypool <b>Qigong</b> Gail Privetts 5:30-6:30 pm</p>	<p>25 <b>Beyond the Secret</b> 7-9 pm\ Spiritual Cinema The Secret</p>	<p>26 <b>Al-Anon 7pm</b></p>	<p>27 <b>Al-Anon 12pm</b>  <b>AA Meeting 7:30pm</b></p>	<p>28 <b>Gay AA Meeting 6pm</b></p>
<p>29 <b>Secret Love</b> <b>Rev. Debby O' Donnell</b></p>	<p>30 <b>Al-Anon 12pm</b></p>					

## This I Believe

### Affirmative Prayer

The CPL staff is well trained and available for one on one treatment work. Their fees are modest and no one is ever turned away. Contact numbers are:

#### Ministers

Rev. Debby O'Donnell  
619.857.1929

Rev. Matti Dobbs  
760.214.5628

Rev. Barbara Heley  
760.967.1614

#### Practitioners:

Dorree Hodge, R.Sc.P.  
760.599.9018

Claudia Mulcahy, R.Sc.P.  
760.434.9579

Gail Privetts, R.Sc.P.  
760.433.8082

The staff at CPL gladly offers treatment work on Sunday as our gift to you.

I believe that when the student is ready the teacher will appear. It has been one year since I first came to the Center for Positive Living.

When I first walked in I knew I was home. I have been on a 12 Step journey for the past twelve years.

Surrendering to my addictions and working the twelve steps has changed my life dramatically. I have grown in ways I never thought possible. I grew up feeling less than and had low self-esteem. I used substances and humor as my armor of protection to face each day with the loneliness I felt. This protection of armor helped me to feel brave and to cope through many years of addiction. I was then blessed with recovery.

Towards the end of 2005 I felt that empty feeling again, a sense of not belonging and loneliness. I knew I was

at a crossroads and needed a change in my spiritual and emotional process. I was attending another church regularly for four years, but I knew I was missing something. I prayed to God for the answer to feed my spiritual hunger.

Now the student was ready and the teacher appeared when I arrived at the Center last January 2006. I found the people so warm and friendly and the message was exactly what I needed to hear. I kept showing up on Sunday mornings and kept hearing what I needed to hear. I took Science of Mind classes and have learned that by changing my thinking I can change my experiences.

So much has changed for me this year. I felt as if I had lost my sense of humor, my

ability to laugh with others and my willingness to change and move forward in my life. I was frozen in fear and uncertainty. I have changed significantly and grown by applying the SOM teachings in my life. I am the queen of spiritual treatments, positive affirmations and meditation. I have learned to manifest abundance in my life in so many ways. I have demonstrated over and over again this year how treatment works in my life by affirming what I want and need. I have become a proud member of this church and look forward to Sundays and I want to thank Spirit and all my friends at the center for teaching me how to be a healthy person.

Love, laughter, peace & harmony,  
Debby Torres

## Beyond the Secret – A Workshop Series

Come join Claudia Mulcahy, RScP each Wednesday in April from 7-9 pm to explore beyond *The Secret*.

The series includes;

April 4th  
The First Principle in the 'Science of Getting Rich' (Ch 4)

April 11  
'The Impression of Increase' (Ch 14)

April 18 'Gratitude' (Ch 7)

April 25<sup>th</sup>  
Movie 'The Secret'

The cost of the series is \$50.00, which includes

the book [The Science of Getting Rich](#) by Wallace D. Wattles. (\$45.00 if you already have the book )

Did you know many members of CPL tithe with an automatic credit card payment? Collect those miles while supporting the Center. Visa and Master Card are accepted for classes, workshops and bookstore purchases also.

## Practitioner Corner- Prosperity and The Law of Attraction

There's much ado about *The Secret* and the law of attraction lately. I am delighted that the secret is out and the masses are learning what students of Science of Mind have been studying for a long time. We co-create our world through our thoughts. What we think about we bring about!

Through our mindset we consciously or unconsciously attract prosperity or chaos in our lives. Since we are always at choice I choose to live a prosperous lifestyle. Prosperity to me means health, wealth, love, friendship and money to share and to spare. As a result of my intention and doing the work *I am living the life I love. I love the life I live.*

This mindset puts the law of attraction into practice.

3Daily I consciously tune in with Spirit. Through meditation and affirmative prayer I set my intention for the day and strive to walk the talk even on the days when I fall short. My formula for attracting good in my life includes:

Consciously live in the Presence. Spirit, joy and love are all around me. I strive to enjoy each **moment** and let go of hurry and scurry.

Make friends with Spirit. What a wonderful way to spend the day with my best friend!

Live in gratitude. When things go my way I say thank you. Thank you Spirit, thank you friend, thank you neighbor and thank you Good Samaritan including the one that just took my parking space because she reminds me to stay in gratitude and integrity.

Share time talent and treasure. Perhaps one of my greatest gifts comes from sharing my talent and treasure with the Center. Giving of myself, time and money on a regular basis returns to me in multiple proportions and in many ways. No price can be placed on the joy I receive from the smiles and stories I hear about uses of the Law of Attraction or the satisfaction I and other practitioners receive from holding the truth for someone during difficult times.

To attract more prosperity into your life live in the Presence, give of your self, time and your money and stay in gratitude. Prosperity is yours. The law of attraction guarantees it.

Namaste,  
Rev. Matti Dobbs



## Book of the Month - The Secret by Rhonda Byrne

*The Secret* is out and it's in our CPL Bookstore. The book "The Secret" exposes fully the Law of Attraction. Get it. Read it. Study it.

This is a life-changing book to bring deepest desires into your experience. Pick up this book in April for a 20% savings - \$20.65.

Join our CPL Book club discussion on Tuesday, April 24<sup>th</sup> at 1:00 p.m. lead by Rev. Barbara Heley.

Don't miss this one!

# Save The Date

## The Center for Positive Living - Carlsbad

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Carlsbad, CA 92008

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760.434.9584

### OUR VISION

Awakening humanity to its  
Spiritual magnificence

### STATEMENT OF TRUTH

There is a Power for Good  
in the Universe and  
*you can use it!*

### OUR MISSION

To Teach, Demonstrate and  
Inspire a Positive Spiritual  
Approach to Living

### Spiritual Cinema -The Secret Wednesday – April 25th 7:00 p.m.

"The Secret" is based on the Law of Attraction. Leading scientists, authors, and philosophers will reveal the secret that utterly transformed the lives of those who lived it—Plato, Newton, Emerson, Campbell, Carnegie, Beethoven, Shakespeare, and Einstein. Doors open at 6:30 p.m., movie starts at 7:00 p.m. Hosted by Caroline Young. Refreshments. Love donations accepted.

### Wisdom Healing Qigong Level One Workshop with Gail Privetts – Certified Qigong Instructor

Tuesday evenings April 1<sup>st</sup> thru May 8<sup>th</sup> 2007 5:30 – 6:30 p.m.  
Carlsbad Center for Positive Living. All are welcome no experience is necessary. Cost per class is only \$10.00.

### Carlsbad Center for Positive Living Unscheduled Income Program

March 1 – April 15

Please continue to join us as we continue to "Plan for Prosperity" this month.

**Carlsbad Religious Science Church**  
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