

June 2007

The Center for Positive Living

Religious Science Church

390 OAK AVENUE, SUITE H • CARLSBAD, CA 92008 • 760.434.9579

Dr. Jane Claypool
Founder and Co-Pastor

Rev. Debby O'Donnell
Co-Pastor

Rev. Matti Dobbs
Assistant Minister

Rev. Barbara Heley
Staff Minister

JULY THEME
The Good Life!

JULY TOPICS
10 AM SERVICE

3rd A Majority of One
Rev. Debby O'Donnell

10th Goodness Me
Dr. Jane Claypool

17th Good Balance
Rev. Debby O'Donnell

24th Happy Feet
Rev. Matti Dobbs

JULY SPIRITUAL PRACTICES
9:30 til 9:50

3rd Qigong Healing Circle
Gail Privetts R.Sc.P

10th Guided Meditation
Dr. Jane Claypool

17th Prayer Healing Circle
Rev. Debby O'Donnell

24th Tibetan Bell Meditation
Rev. Debby O'Donnell

We make a living by what we get, we make a life by what we give.

-- Sir Winston Churchill

The Good Life

I can remember when Hippies roamed the land passing out flowers and blessing people with the greeting, "Have a good day."

That blessing may seem as old fashioned as bell bottomed trousers and embroidered headbands today. Nevertheless, the Flower Children were the beginning of a huge transformation in this nation.

Times have changed and so has our understanding of the world and the individual's place in it.

Ideas that began with the Transcendentalists in the second half of the nineteenth century took root one hundred years later in the 1960's. Today, those ideas flourish in many places, especially in our teaching.

For some of my generation and many others who were younger, the Flower Children opened up possibilities for how to live one's life. They represented a new choice – one that was quite different from going to work for a corporation and staying there until you retired. Some of the choices that people made were not wise but the

belief in options was extraordinarily valuable.

Even though I was exposed to beliefs of Ernest Holmes in the 1950's, it was the counter culture ideas of the 1960's that propelled me into a study of spirituality. This was true for so many young Americans. I can remember driving a very long way to hear Alan Watts speak. I loved the poetry of Alan Ginsberg and Gary Snyder and their exotic Eastern religious influences.

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Divine Goodness Abounds

Everything is blooming, the birds are singing and you can smell the beach campfires. Yes, summertime in Carlsbad is in full swing. There is no time like right now and no place like right where you are right now to stop and celebrate the joy that nature is providing us all.

So right about now you are thinking "stop and celebrate? Does she not know how valuable time is?" The answer is yes, I know we all have things to do, places to go, people to meet and hot dogs to burn on the grill. But we also have a soul to nourish and a spirit to

nurture. I also know how caught up we can become in the "doingness" of life that we miss out on the Goodness which is everywhere. God is expressing in every flower, with every summer breeze and through every sunset.

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The Good Life *continued from page 1*

Some of the ideas of those early spokesmen were truly powerful, however, the destructive forces of drugs and alcohol muted their impact. As a movement, Flower Power was shaky. But the ideas that originated with Emerson, Thoreau and the other Transcendentalists in the 1860's had found a new base and they evolved into powerful ideas for our times.

The idea that we have a choice about how to live was life saving for many. The concept that we are not put on this planet to fulfill other people's expectations but to explore our own talents and desires was freeing. The idea that Love was a powerful force for good was inspirational.

The basic ideas of the Transcendentalists inspired the Flower Children saying, "Have a good day." Those ideas, combined with the healing ideas of Science of Mind, have developed into a powerful promise for our times.

Self-reliance, the balance of nature, the equality of all men and women are important. Even more important is Emerson's concept of the Over Soul. It is not too late to sign up for the class on Emerson and the Transcendentalists movement if you are interested in tracing the roots of ideas that are operating in your life.

All you really have to know is that Emerson

Emerson was on the right track when he wrote about the Over Soul being present everywhere. We call that Over Soul by the shorthand word – God. What our founder, Ernest Holmes said was that it is an all-powerful creative energy for Good operating in your life on this day. So this day has to be a good one.

What we know here at the Center For Positive Living is that you can direct this Power For Good in such a way that you can have more love, success, happiness and health.

Come to church in the month of June and learn how to "Have a good life." You can do it!

Dr. Jane

Divine Goodness Abounds

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You're alive, Do something. The directive in life, the moral imperative was so uncomplicated. It could be expressed in single words, not complete sentences. It sounded like this: Look. Listen. Choose. Act.

- Barbara Hall

When we take time, even if it is just a few minutes, to acknowledge the beauty around us, our hearts open and goodness rushes in. June is the perfect month to start to acknowledge everyday

that is truly the day that God has made for us and celebrate the Goodness, which abound. It takes but a moment and rewards us all daily.

"Rest is not idleness, and to lie sometimes on the grass on a

summer day listening to the murmur of water, or watching the clouds float across the sky, is hardly a waste of time."

~John Lubbock

And so it is!

– Rev. Debby

June 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 AI-Anon 12pm AA Meeting 7:30pm	2 Gay AA Meeting 6pm
3 A Majority of One Rev. Debby O'Donnell Qigong Healing Circle-G Privetts 11:45 – 1:15 pm	4 AI-Anon 12pm GSA Meeting 6:30 pm	5 SOM 208 7:00pm Emerson Essays Dr. Jane Claypool	6 Board Mtg 5:00pm 40 Day Prosperity Plan 7:00 p.m	7 AI-Anon 7pm	8 AI-Anon 12pm AA Meeting 7:30pm	9 Gay AA Meeting 6pm
10 Goodness Me Dr. Jane Claypool	11 AI-Anon 12pm GSA Meeting 6:30 pm	12 SOM 208 7:00pm Emerson Essays Dr. Jane Claypool	13 Forgiveness Series with Rev Debby 7-8pm	14 AI-Anon 7pm	15 AI-Anon 12pm AA Meeting 7:30pm	16 Gay AA Meeting 6pm
17 Good Balance Rev. Debby O'Donnell HAPPY FATHERS DAY!	18 AI-Anon 12pm GSA Meeting 6:30 pm	19 SOM 208 7:00pm Emerson Essays Dr. Jane Claypool	20 Forgiveness Series with Rev Debby 7-8pm	21 AI-Anon 7pm	22 AI-Anon 12pm AA Meeting 7:30pm	23 Gay AA Meeting 6pm
24 Happy Feet Rev. Matti Dobbs	25 AI-Anon 12pm GSA Meeting 6:30 pm	26 SOM 208 7:00pm Emerson Essays Dr. Jane Claypool Book Club 1pm	27 Forgiveness Series with Rev Debby 7-8pm	28 AI-Anon 7pm	29 AI-Anon 12pm AA Meeting 7:30pm	30 Gay AA Meeting 6pm

Carlsbad Center for Positive Living

390 Oak Ave Suite H, Carlsbad 92008
760-434-9579

Meditation Service 9:30 – 9:50am

www.carlsbadcenterforpositiveliving.com

Sunday Service & Cosmic Kids 10:00 – 11:00am

Affirmative Prayer

The CPL staff is well trained and available for one on one treatment work. Their fees are modest and no one is ever turned away. Contact numbers are:

Ministers

Rev. Debby O'Donnell
619.857.1929

Rev. Matti Dobbs
760.214.5628

Rev. Barbara Heley
760.967.1614

Practitioners:

Dorree Hodge, R.Sc.P.
760.599.9018

Claudia Mulcahy, R.Sc.P.
760.434.9579

Gail Privetts, R.Sc.P.
760.433.8082

The staff at CPL gladly offers treatment work on Sunday as our gift to you.

This I Believe

As I look back I realize that since early childhood I have been using the principles of Science of Mind. I was born in a mining and fishing village in England. We were a large family, to get some quiet time I would wonder off to the cliffs overlooking the North Sea and watch the ships set sail. I would visualize myself going to explore the world on one of those ships. My vision came to reality when I acquired a job as a Health Spa Manager on a cruise ship sailing the Caribbean.

I had dreams of myself dancing with natives on an exotic island. When I went to Hawaii I knew my dreams had become reality. I truly felt led there and when I arrived I felt my soul had found its home. While in Hawaii I discovered the Religious Science Church and met Reverend Helen Street. She taught me that using the principles of Science of Mind was natural and effortless.

I had been treating for a family of my own and not only did the church become my family; the minister became my mother in law. It was a delight to make a dream come true and make her a first time grandmother.

I studied the Science of Mind and took SOM classes . I very quickly manifested treatments into reality and created a perfect life in paradise.

Everyone's life has setbacks. I believe that it is challenges and our response to them that provide true lessons in spiritual growth. I was recently diagnosed with level three rapid growth breast cancer. I never asked why me, I did ask; Why this? Why now?

I do volunteer work for hospice where 80% of patients have breast cancer. I see my diagnosis as an opportunity to truly understand and empathize with patients,

as I walk in their shoes. I choose to see my challenge as a blessing to help me in my life's mission to become a hospice minister.

I am a testament to the fact that treatment works. As soon as I was diagnosed I asked each Practitioner at CPL to treat for me. The tumor has decreased and both my oncologist and I can no longer feel anything in the breast. I am truly grateful to all at CPL who are helping me with rides to the hospital, cooking and shopping for me, calling, caring and treating for me. I consider all of you not only my friends but also family. I feel so very blessed being part of this wonderful family. This beautiful spiritual center heals, soothes the soul, teaches and loves.

I believe in treatment, in health and in living live in Goodness.

Love and Blessings
Thea Shelton

June Book of the Month – You are Enough

Did you know many members of CPL tithe with an automatic credit card payment? Collect those miles while supporting the Center. Visa and Master Card are accepted for classes, workshops and bookstore purchases also.

In David Walker's book you discover that "You are an individualization of the highest expression of life, the human mind. You have the power to create the kind of life you desire, because the human mind is Divine".

It is the knowledge of ourselves that allows us to uncover and use our God Given creativity and power.

Dr. David Walker was president of RSI for several years. "You Are Enough" allows a wider

audience to be reached and your non-Religious Science family and friends will be receptive to its messages of truth.

This book is available at a 20% discount.

Practitioner Corner- The Good Life

"The Good Life" is in knowing the truth that my supply is unlimited, for my Source is the One Mind. God surrounds me and supports me every day of my existence. The blessings of abundance are formed in the simple but important circumstances of living; family, friends, home, and nature. This includes my respect and honor for God, myself, and everyone else I encounter on this planet, as well as all appearing oppositions to what I think is "good". I must be firm in my reliance on "the right action of God".

In my human life I

encounter challenges of discomfort, disease and death on a regular basis. As a spiritual being, my frame of mind must be staged on my faith in the God Essence within me. The opportunities for growth on my spiritual path are met in the consciousness of the God Presence. I can accept the Christ Consciousness into my mind or I can reject it. If I bow to the pressures of living, I am rejecting "The Good Life" in the God Consciousness. I must "Take It to the Lord in Prayer" just as the familiar hymn suggests doing the spiritual exercise of self-

examination through meditation, treatment and affirmation. Just as guitar players use AMPS to magnify their music, I can magnify my life experience with AMPS of affirmation, meditation and prayer. My inner music flows from the Creative Energy through me. Then can I rise each day to give thanks for my abundance of life's blessings, to the joy, laughter, music and dancing of my spirit freely relishing the delight of living right now. I rejoice and am exceedingly glad "The Good Life" is mine.

- Rev. Barbara Heley



Yahoo has established a search engine that supports your favorite non-profit with every search. When you use www.goodsearch.com, \$0.01 goes to the non-profit you select.

The next time you do an Internet search; please consider using www.goodsearch.com and selecting Carlsbad Center for Positive Living as your charity. Then the next time you use the site, the drop down arrow will allow you to easily select us again, and again and again. Spread the word to all you know. Remember: Pennies from heaven come in many different ways.

Summer 101 Power Series

Summer time is a time of activity and busy schedules: graduations, weddings and vacations to name a few. So, CPL has put together a Wednesday night Power Series. In just one hour, we will inform, share and inspire. Join other powerful individuals on the path of growth.

Here is what we have planned: June 13, 20 and 27: Forgiveness Times Three. We will look at the importance of forgiveness, experience different forgiveness techniques and support each other along the way

July 11, 18 and 25: Feeling the Feeling. This Power Series will

allow us to uncover our true feelings, provide techniques to empower the positive, release the negative and celebrate the abundance of life.

Join us from 7:00 to 8:00 and make this summer one of life in full expression. A love offering will be taken at each session.

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Positive Living**

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760.434.9584

OUR VISION

Awakening humanity to its
Spiritual magnificence

STATEMENT OF TRUTH

There is a Power for Good
in the Universe and
you can use it!

OUR MISSION

To Teach, Demonstrate and
Inspire a Positive Spiritual
Approach to Living

Save The Date

Father's Day Picnic – Sunday, June 17th after Church Service

Join us for this wonderful Picnic Potluck. CPL will provide the hamburgers, vegi burgers, hot dogs and paper goods. The fun will begin right after Sunday service at McGee Park so dress comfortably and plan on joining us.

Forgiveness Times Three- Wednesday, June 13th, 20th & 27th 7-8pm

Part of our summer series, join us as we look at the importance of forgiveness, experience different forgiveness techniques and support each other along the way. There is no better way to lighten up this summer than to release that, which is no longer serving you.

CPL Book Club- Tuesday June 26th 1pm

Dr. David Walker's book "You are Enough" is our featured book this month and will be the topic of the Book Club. Join Rev. Barbara Heley as she leads the discussion.

Emerson and The Transcendentalists-Every Tuesday in June 7-9pm

It is not too late to join Dr. Jane as she discusses Emerson and other lead transcendentalists in this SOM 208 class.