

September 2007

The Center for Positive Living

Religious Science Church

390 OAK AVENUE, SUITE H • CARLSBAD, CA 92008 • 760.434.9579

Dr. Jane Claypool
Founder and Co-Pastor

Rev. Debby O'Donnell
Co-Pastor

Rev. Matti Dobbs
Assistant Minister

Rev. Barbara Heley
Staff Minister

Rev. Claudia Mulcahy
Staff Minister

Rev. Rachel Lampert
Staff Minister

SEPTEMBER THEME
Balance

SEPTEMBER TOPICS
10 AM SERVICE

2nd Balance of Life
Dr. Jane Claypool

9th You've Got the Power
Rev. Debby O'Donnell

16th Making Room
Rev. Debby O'Donnell

23rd Finding the Rhythm
Rev. Debby O'Donnell

SEPTEMBER SPIRITUAL PRACTICES - 9:30 til 9:50

2nd Qigong Healing Circle
Gail Privetts R.Sc.P

9th Guided Meditation
Rev. Debby O'Donnell

16th Healing Circle
Rev. Debby O'Donnell



Balancing Life

The first time I attended a Religious Science Church, I was trying to catch a man! I wanted desperately to please him so I managed to overcome my prejudice about religion long enough to attend a few church services. In those days, I honestly believed that I needed a perfect man to complete me and give me the balance I needed to be happy.

Those early visits intrigued me enough that I continued to dip a toe into Religious Science for the next twenty years. I never became a member or

took a class but I did read a bit and I enjoyed the services when I went. I continued to believe that my balance and happiness would only come from finding the perfect man. I looked for Prince Charming in some fairly peculiar places.

When I wasn't man hunting, most of my energy was spent on other pursuits. I pursued college classes, a writing career, psychology and a teaching career.

All of those pursuits helped but they didn't heal. I was still an emotional disaster case. I looked all right to the outside world but inside, I

was stuck in my story and very, depressed. There were days when I couldn't get out of bed and would cry for three days. I knew I was in real trouble but I didn't know what to do about it. I desperately needed emotional balance and couldn't seem to achieve it. Twenty years after my first visit to a Religious Science Church, I finally got it that I was going to have to establish my emotional balance from the inside out. I had stopped drinking and joined a 12-step group. I was in my early forties and I knew a little bit about a lot of things.

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In the Swing

Have you noticed how the energy and activity takes on a new rhythm in September? It is as if the school of life is back in session for all of us and we are busy getting busy. Now is a good time to look at how balanced our lives are, or aren't, before the spinning out of control holidays show up. (I am confident that Christmas advertising is just around the corner!)

The book "Living Your Best Life and Now What?" by Fortgang includes a true false quiz that provides a good starting point for balance evaluation. Here are a few of the questions:

1. I am on a health regimen that helps me feel energized.
3. I look forward to every day.
4. There are no people in my life (at

home or at work) who drain me.

5. I get plenty of sleep.
 6. I have plenty of quality time with the people who matter to me.
 7. I have a regular spiritual practice and attend church services and Wednesday night Power Series often. (okay, so I added this one!)
- So, did you have more T than F?

Continued on page 2

Balancing Life continued from page 1



Thinking is more interesting than knowing, but less interesting than looking.

-Goethe

I learned about yoga. I studied polarity therapy, gemstone healing, chanting, massage therapy, and a raft of other New Age teachings. My first novel was based on reading the Tarot cards.

I returned to Religious Science and my life changed for the better. I used affirmations and treatment to build a successful writing career. I regained most of the financial base I'd lost in my drinking years. I believed I would be all right if I stayed sober, and accepted myself as the Beloved Child of God. After forty-some years of struggle, I learned that I

didn't really have to accomplish anything special to be loved and accepted.

Emotional balance is what I wanted when I started Science of Mind classes. When I think about what I believed about myself and how I felt when I first took classes, I can barely recognize myself. I am committed to teaching others about Science of Mind. Classes bring great gifts to everyone. This is the time of year to start Science Of Mind Classes. I will begin again as a teacher.

You have the opportunity to begin as students. Classes are the key to true happiness and emotional balance. If I could give each of you a gift, it would be the gift of classes. Church is wonderful but classes are where you will make the strides in the direction of your dreams. This fall, we offer some wonderful choices. I trust you will reach out for happiness, success, financial security, joy, and emotional balance. You are the Beloved Child of God and you deserve the best!

- Dr. Jane

In the Swing continued from page 1



The eye with which I see God is the same eye with which God sees me.

-Meister Eckhart

The purpose is not to grade ourselves but to take a moment and make sure we are making the most of life and experiencing joy. We are here to express God, to live life to the fullest and share our joy. That is hard to do when we allow stress, worry and busyness to steal our joy as well as our time.

It is important to remember that the Universe is always saying YES. Stop, be still and listen. Allow the inner calm to speak up and the Universe to say YES to that calm.

Let me share with you something that works for me. I carry my Life Intention List in my wallet. Reviewing the list of what is important and reminding myself who I really am puts everything in perspective. If whatever is driving me crazy fits within my life intentions, the craziness seems more manageable. If not, then I get to ask why I am doing whatever it is and allowing it to steal my joy?

Now, if you don't have an intention, pick up our book of the month *Energy of Money* and attend our Power Hour Series this exercise will be covered in week 2.

Keep your focus on expanding your joy, allow the energy to move with you and not against you and remember, the Universe is always saying YES.

And so it is!

— Rev. Debby

September 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Qigong Workshop 10-5 Master Gu Gay AA Meeting 6pm Chapter 9 Meeting 7:30
2 Master Mingtong Gu Qigong Workshop 12-6	3 Labor  Day Al-Anon 12pm	4	5 Board Mtg 5:00pm	6 Al-Anon 7pm	7 Al-Anon 12pm AA Meeting 7:30pm	8 Gay AA Meeting 6pm Chapter 9 Meeting 7:30 pm
9	10 Visions Meeting 6 pm Al-Anon 12pm	11	12 Energy of Money 2-3 pm Rev. Barbara 7-8 pm Rev. Debby	13 Al-Anon 7pm	14 Al-Anon 12pm AA Meeting 7:30pm	15 Gay AA Meeting 6pm Chapter 9 Meeting 7:30 pm
16	17 Al-Anon 12pm	18	19 Energy of Money 2-3 pm Rev. Barbara 7-8 pm Rev. Debby	20 Al-Anon 7pm	21 Al-Anon 12pm AA Meeting 7:30pm	22 Gay AA Meeting 6pm Chapter 9 Meeting 7:30 pm
23	24 Al-Anon 12pm	25 Book Club 1pm	26 Energy of Money 2-3 pm Rev. Barbara 7-8 pm Rev. Debby	27 Al-Anon 7pm	28 Al-Anon 12pm AA Meeting 7:30pm	29 Gay AA Meeting 6pm Chapter 9 Meeting 7:30 pm
30 New Member Sunday						

Carlsbad Center for Positive Living

390 Oak Ave Suite H, Carlsbad 92008

760-434-9579

www.carlsbadcenterforpositiveliving.com

Meditation Service 9:30 – 9:50am

Sunday Service & Cosmic Kids 10:00 – 11:00am

Affirmative Prayer

The CPL staff is well trained and available for one on one treatment work. Their fees are modest and no one is ever turned away. Contact numbers are:

Ministers

- Rev. Debby O'Donnell
619.857.1929
- Rev. Matti Dobbs
760.214.5628
- Rev. Barbara Heley
760.967.1614
- Rev. Claudia Mulcahy
760.434.9579
- Rev. Rachel Lampert
949.215.1921

Practitioners:

- Dorree Hodge, R.Sc.P.
760.599.9018
- Gail Privetts, R.Sc.P.
760.433.8082

The staff at CPL gladly offers treatment work on Sunday as our gift to you.

Did you know many members of CPL tithe with an automatic credit card payment? Collect those miles while supporting the Center. Visa and Master Card are accepted for classes, workshops and bookstore purchases also.

In Memoriam Graciela Coffman

Gracie made her transition on Wednesday, August 22, 2007 at Scripps Memorial La Jolla after a fall. Her loving family surrounded her, including her husband, two daughters and three grandchildren.

Gracie and her husband Randy are long time members of our church and they have given us so much over the years. She will be remembered for her beautiful singing voice, her enlightened wisdom and her willingness to be of service here at the Center.

Gracie, we will miss you and we thank God we have known you. You will be remembered as Light and Love.

September Book of the Month – The Energy of Money by Maria Nemeth, Ph.D.

Are you ready for a spiritual and practical approach to money? Would you welcome more joy, freedom and self-expression? Interested in financial success and a greater understanding of you? Maria Nemeth has written a power book *The Energy of Money* that combines spiritual and practical techniques for self-discovery and wealth creation.

Based on 12 well-defined principles, this life guide will assist you to:

- Uncover hidden beliefs and money patterns
- Identify and tame driven behavior
- Develop a personal path of abundance
- Consciously focus your money energy

This book is being offered at a 20% discount for the month of September. The CPL book club will

meet at 1 pm on the last Tuesday of the month, September 25th for discussion. There will be an opportunity to learn, share and experience exercises and meditations from the book every Wednesday afternoon and evening during our Power Hour Series starting on September 12.

Practitioner Corner - My Homecoming

I loved Humpty Dumpty Pre-School at the Congregational church. I knew Jesus loved me, and God made all things, both great and small. I didn't have a church until the 7th grade, when my mom introduced me to Religious Science. I attended Religious Science services every Sunday, taking notes and taking the Sunday lesson into the week.

I was away from Religious Science for six years. After college, when I returned to San Diego, I immediately found a Religious Science church and began going every Sunday. My passion for the teaching picked up. I switched churches and took a Religious Science class. (I was just going to take the one class, you know.) It became two classes. I grew, I demonstrated, and my commitment to myself, and this teaching became

deeper. I was away from Religious Science, while in New Zealand, for two years. When I returned to San Diego I had to decide if I was going to commit to the level required for practitioner. I took off more time before signing up for the Practitioner class. One of the first things my teacher told me, "You have the right to be angry – But you also have the right to take a screw driver and put it into an electric socket." I knew I was back to the teaching I loved, and had the perfect, right teacher! In 1995 I became a practitioner, and in the same year received my Doctorate in Religious studies from Emerson Theological Institute, Affiliated New Thought Network (ANTN).

Sometimes the road home looks a bit like 'Jeffery's travels' in Family Circus. My journey in and out of Religious Science over the years has taught me about many spiritual practices. I've been to Catholic and Mormon events and Wesleyan church until on Halloween, when I showed up to youth group dressed as a Hare Krishna, and they were appalled, it became clear to me this was not a good fit. During college, I occasionally attended a Unity church and a Baptist church. I've been to Quaker meetings, Spiritualist services and dove deep into the teachings of Parmahansa Yoganada, Self-Realization Fellowship. – And all of these kept pointing me back to Religious Science.

Rev. Claudia Mulcahy

Energy of Money Power Hour Series- on Wednesday September 12th through October 3rd

" Money is congealed energy and releasing it releases life's possibilities" - Joseph Campbell. No matter where we are on the path of life, an improved relationship with money is of benefit. Beyond the material riches, the "True Gold" of this energy lies with a comfortable awareness of self and our larger life purpose. As Dr. Nemeth says, "How you do money is how you do life". Using our book of the month, "The Energy of Money", we are going to explore this relationship and it's energies through discussion, sharing and empowerment exercises. Rev. Barbara will lead the afternoon group 2-3 PM and Rev. Debby will lead the evening group 7-8 PM. To kick this series off, Rev. Geoffrey Layng will join us on September 12th to lead our discussion around the quantum physics of energy. Rev. Geoffrey studied under Neals Borum, the father of quantum physics.



Dr. David J. Walker appears at the Center For Positive Living in Carlsbad, Wednesday, October 10th at 7 PM

Something Positive is Happening Here!

He will be speaking and reading from his new book, ***You Are Enough***, and signing autographs. The book was our book of the month in July and will be again in October. Everyone who read it agreed that is destined to be a classic in the metaphysical field. Copies of the book are now on sale in our bookstore.

Dr. Jane Claypool used it as a part of her spiritual practice before she began her daily meditation and treatments. She says, "I loved reading ***You Are Enough*** a chapter or two at a time. Since I have always been plagued with the idea that, "I have to earn my keep" the book had a very special meaning for me. It has that simple but deep quality of great inspirational literature. I have always loved Dr. David's talks and his wonderful attitude of service. Now I love his book and will be recommending it for everyone."

Dr. Walker is the founding minister of the Los Angeles Church of Religious Science and has been an RSI minister for over thirty years. During that time, he has not only built a large and successful church, he has consistently served the RSI Organization. He was President of RSI for many years and he has held many other offices on the RSI Board of Directors and RSI Board of Education. Known for his wit, his conviction and his dedication to Principle, Dr. Walker is a favorite speaker wherever he goes. Many of you may remember him because he was the officiant for Dr. Jane's doctoral ceremony. He is always the top favorite speaker at the RSI Asilomar Conference.

Dr. Walker has his own weekly radio and television shows. This is his first book. The statement, ***You Are Enough*** sums up his deep understanding of our connection to Source and reflects his deeply held belief that we do not need to prove anything in order to be the Beloved Child of God.

Don't miss this exceptional opportunity to hear one of the greatest leaders of Religious Science. His charm, his intelligence and his humor are a guarantee of a fabulous evening.

Please make your reservations in advance by calling the Center For Positive Living. Since space is limited we will be reserving seats for those who call in. There is no charge for this event



Back to Classes

What The Mystics Taught - SOM 206

Taught by Dr. Jane Claypool
Beginning Tuesday, October 2, 2007 - 7:00 pm
Tuition: \$150 for 8 weeks

This class explores the history of some of the well-known mystics of the world as well as showing how Science of Mind is related to mysticism through out the ages. The text will be the Science of Mind Textbook chapter on the mystics and selected readings from *Mystics* by Andrew Harvey and selected readings to be distributed in class.

Dr. Jane wrote the Mystics class and loves teaching it. She hopes that a large number of students will enroll because she believes it really helps people to understand the underlying spirituality of life and of all religious traditions

The Power of Decision - SOM 202

Taught by Rev. Matti Dobbs
Beginning Thursday, September 27, 2007 - 7:00 pm
Tuition: \$150 for 8 weeks

Life is a series of choices. This dynamic course will bring clarity, control and positive action into your spiritual practice and create the life you desire. "You are the cause of your own experience. Situations, events, and things proceed from your consciousness to appear on the screen of life. The screen of life is as impersonal as the motion picture screen in a theater". – Dr. Raymond Charles Barker, *The Power of Decision*.

Wednesday Power Hour Series

Energy of Money

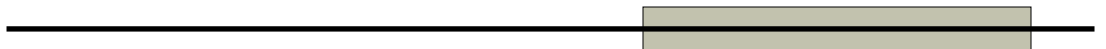
Taught by Rev. Barbara Heley 2-3 pm and Rev. Debby O'Donnell 7-8 pm
Beginning Wednesday, September 12, 2007 through October 3, 2007
Love Offering

Rev. Geoffrey Lange, student of Niels Bown father of Quantum Physics will kick off this series with a discussion of energy and consciousness.

You Are Enough

Taught by Rev. Barbara Heley 2-3 pm and Rev. Debby O'Donnell 7-8 pm
Wednesday, October 17th & 24th
Love Offering

The discussion around Dr. David Walkers book will continue along with guided mediation, affirmations and a personalized statement of self worth.



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OUR VISION

Awakening humanity to its
Spiritual magnificence

STATEMENT OF TRUTH

There is a Power for Good
in the Universe and
you can use it!

OUR MISSION

To Teach, Demonstrate and
Inspire a Positive Spiritual
Approach to Living

You do Make a Difference Become a "Flower Angel"!

The gift of fresh flowers is a delightful addition to the loving ambiance of our Sunday services. We all appreciate their visual beauty. If you wish to make a contribution to the flower fund please contact the office. We invite you to dedicate flowers as a memorial to a loved one or in observance of any other special occasion. You may take the flowers home with you after the service.

Fire Starters Wanted! Let Your Love Flow!

Become a member of the Center for Positive Living Leadership Team and share your time, treasure and talent. It is our volunteers who make it all happen each Sunday and make our Center the warm loving place to be. It's a great way to fellowship and give the gift of service. As you contribute your time to your spiritual home and family, the Law returns your good to you, pressed down and multiplied. You are appreciated. You make a difference. Contact the office or Rev. Matti Dobbs for more information. 760.434.9579.

Yahoo has established a search engine that supports your favorite non-profit with every search. When you use www.goodsearch.com \$0.01 goes to the non-profit you select.

The next time you do an Internet search; please consider using www.goodsearch.com and selecting Carlsbad Center for Positive Living as your charity. Then the next time you use the site, the drop down arrow will allow you to easily select us again, and again and again. Spread the word to all you know. Remember: pennies from heaven come in different ways.