

The Carlsbad Center for Positive Living

November 2007

Religious Science Church

390 OAK AVENUE, SUITE H • CARLSBAD, CA 92008 • 760.434.9579

I Am Open To Receive All of Life's Riches

Dr. Jane Claypool
Founder and Co-Pastor

Rev. Debby O'Donnell
Co-Pastor

Rev. Matti Dobbs
Assistant Minister

NOVEMBER THEME

The Good Life!

NOVEMBER TOPICS

10 AM SERVICE

4th Open to Receive

Rev. Debby O'Donnell

11th Listen with Heart

Rev. Debby O'Donnell

18th Welcome Life

Rev. Debby O'Donnell

25th Make a Joyful Noise

Dr. Jane Claypool

NOVEMBER SPIRITUAL PRACTICE 9:30 till 9:50

4th Qigong Healing Circle
Gail Privetts R.Sc.P

11th Guided Meditation
Rev. Debby O'Donnell

18th Healing Circle
Rev. Debby O'Donnell

25th Joyful Meditation
Dr. Jane Claypool

Anything more than the truth would be too much.

-- Robert Frost

Yes, I am! That is a simple prayer that we will be using in the month of November and it will work wonders in many people's lives because being open to receive is an important part of our teaching.

Are you open to receive? Here's a funny story I heard many, many years ago and it sticks with me because it demonstrates what Jesus must have meant when he said, "Lord, I believe. Heal my unbelief."

The story goes that there was once a New Thought teacher who told her students they

could have whatever they could accept. She gave them a specific spiritual mind treatment to use on a daily basis for a week. One student, Mary Lou, who was having difficulties with making ends meet on a limited budget took the treatment and used it faithfully.

Next week, the teacher asked Mary Lou how she did. She replied, "Terrible. No money came in at all. Of course, my son wanted to help me but I couldn't accept it from him."

That's a joke that isn't really a joke. The student was limited in her ability to accept and perhaps

the teacher forgot to teach that all money – all everything – comes from God.

Before you think you know better than Mary Lou, ask yourself if you are easy to give things to. Do you let someone take you to lunch when he or she offers? If someone wants to pay you for some service you render, can you accept? When was the last time you let someone take you to the theater? Or give you a gift? Is your giving and receiving action in balance?

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One Prayer, One Mind, One Month

I am open to receive all of life's riches.

A prayer that does not ask God for anything, offers up no bargain and doesn't require any additional action except for being aware. That is the focus for this month as we join New Thought Churches nationwide in a unified consciousness of

celebratory prayer and gratitude. Ernest Holmes tells us

"Spirit can do for us only that which it does through us."

Being open, even during times of despair, is critical to increasing the flow of all that is good, all that is right and all that is ours by divine

birthright.

I know that for me, when times are the darkest, I tend to pray harder, work harder and worry harder. Yet, it is during those desperate times that we need to be more open and willing; not more tired and stressed.

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Am Open To Receive All Of Life's Riches

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If you want to be happy,
be.

-- Henry David Thoreau

It is very important to be able to accept. It is also very important to be grateful for the good that comes your way. Expressing gratitude is the real key to prosperity. Meister Eckhart, the medieval Christian mystic said, ***"If the only prayer you ever say in your entire life is thank you, it will be enough."***

I believe that saying thank you is the basis of a good spiritual practice. It works to cheer you up and more importantly, it works to turn things around. Negative thoughts attract negativity. Positive thoughts bring good stuff into our lives.

Gratitude creates a whole new chain of action and reaction in your life. When you begin to notice all of the wonderful things you have instead of all the things you have not, you

have turned the tables on the law of attraction. While you sit on the pity pot and say, "Poor me, I don't have as much as Mary Lou," or "Poor me, I don't have enough," you are sending a clear message to Universal Mind of "not enough". Universal Mind will return the message to you as "not enough"

Whenever I am down in the dumps about anything, I make a gratitude list. Not only will it cheer me up, it will counteract the old message of misery with a new message of happiness, prosperity, and joy.

1. I'm grateful I'm sober.
2. I'm grateful to still be dancing through life.
3. I'm grateful for my wonderful Science of

Mind teaching.

4. I'm grateful for my beautiful family and their love.
 5. I'm grateful for all the wonderful people who are in The Center For Positive Living.
 6. I'm grateful for all the wonderful people who were in The Center For Positive Living and have moved on.
 7. I'm grateful to live in the prosperous and free United States.
 8. I'm grateful I've come this far in my spiritual journey.
 9. I'm grateful for all the fun I've had.
 10. I'm grateful for all things I've learned.
 - 11-100 I'm grateful for my blessings of health, prosperity and love.
- I'm grateful for all sorts of wonderful things and people.

Dr. Jane



A man is about as happy
as he makes up his mind
to be.

-- Abraham Lincoln

One Prayer, One Mind, One Month

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I need to stop looking for the answer and to start being open to receive the answer.

This month's Sunday talks will be based on a powerful modern day parable, The Prayer Chest. This compelling story lays groundwork for us to explore prayer, faith and gratitude from a new perspective.

On Wednesday Power Hours, we will further explore the concepts through discussion and exercises, which will open us to all of life's riches. And there will, of course, be a special prayer chest for the community to use. And we end the month with joy filled celebration.

Join in the fun with like-minded people as we strengthen our connection to God, open our hearts and prepare the way for a loving and rewarding holiday season.

You'll be glad you did.

– Rev. Debby

November 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Al-Anon 7pm	2 Al-Anon 12pm AA Meeting 7:30pm	3 Gay AA Meeting 6pm
4 Open to Receive Rev. Debby O'Donnell	5 Al-Anon 12pm Visions Meeting 6:00 pm	6	7 Board Mtg 5:00pm Wednesday Power Hour 2-3 pm and 7-8 pm	8 Al-Anon 7pm	9 Al-Anon 12pm AA Meeting 7:30pm	10 Gay AA Meeting 6pm
11 Listen with Heart Rev. Debby O'Donnell	12 Al-Anon 12pm	13	14 Wednesday Power Hour 2-3 pm and 7-8 pm	15 Al-Anon 7pm	16 Al-Anon 12pm AA Meeting 7:30pm	17 Gay AA Meeting 6pm
18 Welcome Life Rev. Debby O'Donnell	19 Al-Anon 12pm	20	21 THANKSGIVING POTLUCK 6-8 pm Come for the great company, enjoy the food and stay for the music!	22 THANKSGIVING Al-Anon 7pm	23 Al-Anon 12pm AA Meeting 7:30pm	24 Gay AA Meeting 6pm
25 Make a Joyful Noise Dr. Jane Claypool	26 Al-Anon 12pm	27 Book Club 1pm	28 Wednesday Power Hour 2-3 pm and 7-8 pm	29 Al-Anon 7pm	30 Al-Anon 12pm AA Meeting 7:30pm	

Carlsbad Center for Positive Living

390 Oak Ave Suite H, Carlsbad 92008
760-434-9579

www.carlsbadcenterforpositiveliving.com

Meditation Service 9:30 – 9:50am

Sunday Service & Cosmic Kids 10:00 – 11:00am

Affirmative Prayer

The CPL staff is well trained and available for one on one treatment work. Their fees are modest and no one is ever turned away. Contact numbers are:

Ministers

Rev. Debby O'Donnell
619.857.1929

Rev. Matti Dobbs
760.214.5628

Rev. Barbara Heley
760.967.1614

Rev. Claudia Mulcahy
760.434.9579

Rev. Rachel Lampert
949.215.1921

Practitioners:

Gail Privetts, R.Sc.P.
760.433.8082

The staff at CPL gladly offers treatment work on Sunday as our gift to you.

This I Believe

I believe we all have the power of choice. I didn't always believe that statement to be true. I was in my early thirties married in an abusive dysfunctional lifestyle. I truly believed I deserved this way of life. Then I met a woman who changed my thinking about my power of choice. She became my first teacher using the principles of Science of Mind. She too had lived a similar lifestyle and found her own way out.

She said to me, "You are choosing to be in this relationship."
I choked on those words. I didn't believe I had a choice or way out. Fear was a way of life for me back then. What she said to me made a lasting impression. I now find myself saying those exact words that were passed on to me.

"You have a choice." In everything you think, say and do. We all have a choice in how we live. I choose today to acknowledge my sense

of freedom, joy, and happiness. I choose to live a prosperous abundant life. "This I believe!"

Today I can choose to change my thinking at any time during the day remembering I always have a choice in how I feel about any relationship. Today I believe I am living the way God intended me to live. Today I believe and use the principles I learned in my Science of Mind teachings.

Gail Privetts R.Sc.P.

Smile For You

Smiling is infectious; you catch it like the flu.

When someone smiled at me today, I started smiling too. I passed around the corner and someone saw my grin, when he smiled I realized

I'd passed it on to him! I thought about that smile then I realized its worth.

A single smile just like mine could travel round the earth.

So, if you feel a smile begin, don't leave it undetected.

Let's start an epidemic quick and get the world infected!

Anonymous
- Dedicated to
Rita Justice

**Thanksgiving Eve Potluck - Wednesday,
November 21st 6-8 PM**

Did you know many members of CPL tithe with an automatic credit card payment? Collect those miles while supporting the Center. Visa and Master Card are accepted for classes, workshops and bookstore purchases also.

Come join us for a wonderful evening of great food, company and music. Harry Warden will be grilling turkey and David Hansen and Russell Sedat will be providing music. Add

to this your favorite dish to share with any family/friends in the area and we have the makings for a wonderful evening.

CPL will provide the paper goods.

Volunteers, as always, are welcome for set up the night before. Don't miss one of the best events of the season- see you there.

Practitioner Corner-An Attitude of Gratitude, What Can It Do For Me?

In expressing an attitude of gratitude, I can entertain life with an open heart, filled with love and body energy to meet the day whatever it may hold for me. Being thankful is allowing love to fill my heart and faith to expand my mind. When I get down in the dumps, what should have become stepping-stones to greater awareness are now boulders that block my progress. Family problems and health concerns can turn into a tornado of catastrophe if allowed to

whip the mind into a funnel of despair. A daily spiritual practice of praising God, singing love for the beauty of the earth, and realizing my oneness with the Divine is a constant reminder of who I am in relationship to Spirit. I am here! Hallelujah! Glory be! Now let's get going. I reawaken myself to praise the glory of the God who created the world, to appreciate the beauty of human existence. Instead of becoming a victim I

become a victor. In this way I can overcome the negative emotions of fear, resentment, anger and the like. The more good weather words of gratitude that I forecast for my life now, the happier my outlook for the future is.

Spiritual practice of gratitude does make perfect. And so it is.

In praise and thanksgiving,

- Rev. Barbara Heley



Unscheduled Income Group Starting in January

Rev. Claudia has successfully lead Unscheduled Income groups, creating thousands of dollars for participants. Come join our circle starting January 2008 on Sundays 9:30-9:50 AM (right before church) and experience affirmative prayer for abundance, sharing the week's

demonstrations, and setting our intentions for the coming week.

The only requirements for being part of this group are to have the intention to allow Unscheduled Income into your life and that you spend ten minutes a day focusing on abundance. Also, to give ten percent of

that unscheduled income back to The Center for Positive Living. (Be sure to mark it 'Unscheduled Income' so we can track it). That's a ninety percent increase to you!! (It was unscheduled, after all.) Mark your calendars to kick this off.

A Poem for Dorree

Every time I think of Dorree: I see the sun rise, the moon shine, I see the flowers bloom, birds fly.

Every time I think of Dorree: I see flowing mountain streams,

I see majestic waterfalls.

Every time I think of Dorree: I see the dolphins sing, I see the clouds dance.

Every time I think of

Dorree: I see galaxies grow, I see Divine Love flow.

- Rev. Geoffrey Lange

Dedicated to Dorree Hodge, beloved member and staff of CPL.



Save The Date

The Center for Positive Living - Carlsbad

390 Oak Avenue Suite H
Carlsbad, CA 92008

PHONE:
760.434.9579

DIAL-A-TREATMENT:
760.434.9584

OUR VISION

Awakening humanity to its
Spiritual magnificence

STATEMENT OF TRUTH

There is a Power for Good
in the Universe and
you can use it!

OUR MISSION

To Teach, Demonstrate and
Inspire a Positive Spiritual
Approach to Living

Wednesday Power Hour Series – Lead by Rev. Barbara Heley 2-3PM & by Rev. Debby O'Donnell from 7-8PM

Using the parable, The Prayer Chest, join us as we discuss ways to open ourselves to a greater level of blessing, work on receiving increased riches and expand our awareness of thanksgiving. We will also be creating our own prayer chest and sharing our demonstrations. Come prepared to experience a simple yet profound process.

Pre-Holiday Book Sale in November– Bargains Galore

Do your gift shopping right here at the CPL Bookstore. All books at 10% discount, book of the Month – The Prayer Chest at 20% discount. Additional discounts on selected items. Give your family and friends or yourself the gift that keeps on giving, Spiritual inspiration for a lifetime.

You Can Heal Your Life!

Just in time! Rev. Claudia has created a 5-week class based on the book You Can Heal Your Life by Louise Hay. The class will begin in January 2008 following the December release of the movie "You Can Heal Your Life." Class date and time to be announced.

Holiday Schedule:

November 21 - **Thanksgiving Eve Potluck** - 6PM turkey by Harry, Music by David Hansen and Russell Sadat, enjoyment by all who attend.
December 19 - **Candle Lighting Service** - 7PM Music by Leslie Alexander.

Something Positive is Always Happening Here.

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