

# THE CARLSBAD CENTER FOR POSITIVE LIVING

MAY – JUNE 2008

RELIGIOUS SCIENCE CHURCH

390 Oak Avenue, Suite H Carlsbad, CA 92008 – 760-434-9579 [www.carlsbadcenterforpositiveliving.com](http://www.carlsbadcenterforpositiveliving.com)

## Intuition

There are times in just about everyone's life when he or she is guided to make absolutely the right choice in a flash of inspiration or a certainty that seems to be dictated by the certainty of the Gods. It can be as simple a matter as deciding to order the steak instead of the fish and learning later that the fish was tainted. Or it can be a life-changing hunch like the one I followed when I switched from elementary education to art in college. On a surface level, it didn't make sense but it was certainly the best thing for me to do at that time in my life.

A more formal definition of intuition is a direct knowing or understanding that does not appear to rely on effort or logic. Sometimes it seems almost magical because it is knowledge based on an insight that seems independent of previous experiences or acquired facts.

There is really nothing magical about intuition.

## One as All

There is much talk these days about the "Global Community" and how it impacts our lives. There is little conversation, however, about how we are impacting the Global Community. If we are all One and if our every thought, word and deed is God in action, then we can have a powerful positive impact on the Global Community.

This is what Martin Luther King knew. This is what Gandhi taught. This is the message that Eckhart Tolle is delivering in his book *A New Earth* that we have been discussing on Wednesday. The key is to be aware of this connection and the impact we are

Intuition is a quality that can be tapped by listening quietly and with attention to inner wisdom. Ralph Waldo Emerson thought it was a part of the natural order of the universe and could be equated to instinct. He said, "If the single man plants himself indomitably on his instincts, and there abides, the huge world will come round to him".

The great Joseph Campbell talked about following your bliss. In *Science of Mind*, we learn that intuition is simply accessing the wisdom of the Divine Self that is embedded within each of us. What was instinct to Emerson or bliss to Campbell is the God Within prompting to Ernest Holmes.

We use intuition all the time. Most of us were taught to take tests in college by choosing our immediate first guess. We were told that social scientists had discovered that the first guess was often the right guess.

Continued on page 2

always having.

I was reminded of the impact we have last month when we had to put down our family dog, Ali. She was loving, friendly, happy and very clear that the world was hers for enjoyment and pleasure. She was love in action until the end. In fact, most of my neighbors I met while walking with or searching for Ali. (I should mention here that she was an escape artist!) When we shared the sad news of her departure with a neighbor, we were amazed at how far the word spread.

Continued on page 2

## Intuition continued from page 1

Dr. Joyce Brothers, the famous psychologist tells us, "Trust your hunches. They're usually based on facts you've learned but forgotten that were filed in your unconscious".

Whether we call intuition, magic, insight, instinct, half-forgotten facts, or God's inner wisdom, we know that it can be a very, very useful tool. Learning to use our intuition is the first step toward self-reliance and true wisdom. When you learn to trust your intuition, you are learning to trust your deepest desires and inner promptings. You are learning to trust yourself.

Learning to trust your intuition means learning to make choices that will express your highest and best possible experience of life. You will begin to live life as it is meant to be lived by you as a unique and individual expression of the Life Force that we call God.

When we were young and inexperienced, we looked to our parents for direction. Growing up means coming to rely more and more on our own unique inner guidance.

How do we learn to be self-reliant and completely grown up? By learning to trust that inner voice that prompts us to take our own path, even though it is the path less travelled. Using intuition to guide us becomes natural and easy with practice. The people we admire the most often credit their success to their use of intuition.

Bill Gates is an admired entrepreneur and creative genius and he says, "Often you have to rely on intuition." He has become the richest man in the United States because he does not hesitate to strike out and create his own path, going where others have not gone before him. Bill Gates trusts his intuition and he trusts himself.

We are not all going to become as rich as Bill Gates, but we can all learn to use our intuition to advantage with practice. Come to church and join us in learning more.

Dr. Jane



*"...We believe that an inclusive society is not only possible but is achievable right now, with the resources*

## One as All continued from page 1

Cards and flowers came pouring in, some from neighbors we did not even know. Everyone had a story to share of how she made them feel special. They talked about her affection and willingness to accept as well as give love. Ali touched hearts just by being open to the possibility that everyone had hands, which could pet her and a willingness to see the love in all. She taught us all about community.

Ernest Holmes, my greatest teacher, wrote: "We reach God in others by reaching out from God within the self.

Always the God in others will respond to the God in us, but never beyond the level of our inward spiritual awareness."

Community starts with like-minded people celebrating life. It is transformed as we expand our knowledge of spiritual principles, which govern all life. Join us this month as we explore our connection with others and ourselves through love, awareness and curiosity. After all, life is truly One as All and All as One.

Rev. Debby



*"Intuition is like gravity: it's just there. Gravity doesn't care whether you believe in it or not, or understand it or not. Neither does intuition*

## Follow Your Bliss

Are you getting what you want out of life? Are you fulfilling your dreams and aspirations? Using intuition and community are powerful forces to get you there.

Intuition is that small voice within that guides and shows you the way. Are you listening? Through prayer we affirm our desires and wishes. In the quiet of meditation we listen for the voice deep within that gets us in touch with our essential essence or our beingness as Eckhart Tolle calls it, and obtain guidance for action.

To get what you want requires being clear on your purpose. Why are you here and what legacy do you desire to leave? I want to leave my imprints on others' lives. I want someone's journey to be better because I touched their life in a meaningful way that made a difference, be it a kind word, a smile or changing the way they perceive the world. Each of us must choose what makes our heart sing.

Are you singing the song you came here to sing? In the silence, pay attention to the small voice within that knows the way. Whenever I need to be informed or



make a decision I turn within for direction and await the answer. Spirit knows the way. My intuition guides me. In this medium, creativity flourishes and issues resolve.

Taking action is the next step. In our spiritual community, as well as the wider community, there are an array of resources to assist you to achieve your goals. We offer practitioners for prayer assistance, book clubs, classes, workshops and social opportunities to connect. We are here to support you.

Follow your bliss. Through intuition and the loving support of your spiritual community you can partake of the abundance the universe offers. The gift is already given. Partake!!!

Rev. Matti Dobbs

## Empowerment Class

Rev. Barbara and friends will discuss John Randolph Price's book, *Empowerment: You Can Do, Be, and Have All Things*, and will explore the Truth of Being, the synchronous activity of super consciousness, and the materialization of form out of energy to help us enjoy whole, full, and rich lives. As Price says, "You are a spiritual being embodying all of the Power of the Universe within you. Will you accept the Truth and start living as the Light of the world that you are? The dawn is approaching...it is time to awaken to your inheritance."

This six-week class will be held on Mondays from 2-3:30 PM beginning May 12<sup>th</sup>. A love offering will be taken. This book is available at a 20% discount in the CPL bookstore.

## Summertime Fun!

Practitioner, Gail Privetts RScP, will be teaching *The Artist Way* based on the book by Julia Cameron.

Be open to your greater good, your creative side, take a walk on the beach, or prepare a meal with your own hands. Have a picnic on the beach or make a collage. All you need are your own thoughts and ideas. Create your vision for a fun filled inspiring and creative summer at The Center for Positive Living.

The book "The Artist Way" is available in the CPL bookstore. A love offering is suggested. Date and time to be announced time.

## Value of Community

The value of community is a harmonious and expanding one. As we develop our knowledge of Oneness with Spirit, ourselves and others, the planet, the universe, and the cosmos, we can develop an interrelationship with symbiotic qualities. We question how we can act independently at the same time we are visioning, planning, and working, together in community, it's great to think for ourselves, but it is also great to work with others.

I used to think I could read a book and assimilate the contents for myself. How foolish I was! One of the class requirements of my master's degree was to read aloud the same book in a group and discuss the meaning; I heard so many varying opinions of intent and meaning. I realized how limited my viewpoint was. As the group expressed their opinions and interpretations a more complete truth was reached by group consensus. I found that only by an interchange of ideas could we begin to expand our reality, our truth and our view of the world. The ideas of a think tank are valid problem solvers as well as individual opinions.

I also learned the value of listening intently in concert with speaking up. We become a symphony of thought and action, varying vibrations one mind, one heart, opening us to the songs of life and living through the eyes of different cultures, ethics and morals. This accents Holmes' combining of both Eastern and Western philosophies in our belief system of Religious Science. Another wonderful example of an open at the top life that also confirms following your bliss is Joseph Campbell. Our class at the Center For Positive Living on Joseph Campbell was enlightening on the multiple views of humanity, including differences and likenesses. This emphasizes the validity of limitless ideas, limitless possibilities, and limitless solutions. Speak with one of our ministers if you are interested in exploring the truth through a particular book or author.

CPL offers opportunities to study together, exchange ideas and socialize while learning. Take advantage of our teachings through the classes and workshops offered by our excellent teachers. Lifelong learning is a beautiful goal for each of us.

Rev. Barbara

## Taizé (pronounced like: ta-say)

Beginning Sunday, June 1st, The Carlsbad Center for Positive Living will hold Taizé services on Sunday evenings from 6:00 -7:00PM.

In general, just as each church is a bit different, each Taizé service has similar but not identical appearance and process to one held somewhere else, or at the same place the week prior. Be open to the possibility of a different approach. When you need to get centered, be still, and take time from the busy world, you are welcome to participate in the Taizé service at CPL with an open heart.

In 1940, the Taizé community was founded by

Roger Shutz, a Swiss theologian, who wanted to work for peace and help refugees by celebrating Christian unity. This community that has maintained establishment since the beginning of World War II, has no preaching but has become famous for its simple, meditative music, and prayer. Taizé is a contemplative style of worship, featuring short meditative songs or chants, which are easily learned and sung repetitively to reinforce the meditative quality of the prayer. Long stretches of prayerful silence and meditation follow the singing and chanting.

Rev. Claudia

## May 2008 – Activating Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday meditation practice is from 9:30 – 9:50				1 Al-Anon 7pm	2 Al-Anon 12pm  AA Meeting 7:30pm	3 Qigong 9–10 am  Gay AA Meeting 6pm
4 The Value of Community Rev. Matti  Qigong Meditation Gail Privetts	5 Class 9–11:00 am Al-Anon 12pm Visions Meeting 6 pm AA Meeting 6:30 – 8:30 PM	6 Qigong 6:30–7:30 pm	7 Power Hour 2–3  Board Mtg 5:00pm  Power Hour 7–8	8 Al-Anon 7pm	9 Al-Anon 12pm  AA Meeting 7:30pm	10 Qigong 9–10 am  Gay AA Meeting 6pm
11 Mother's Day The Architecture of Fear Rev. Debby  Guided Meditation	12 Al-Anon 12pm  AA Meeting 6:30 – 8:30 PM	13 Qigong 6:30–7:30 pm	14 Power Hour 2–3  Power Hour 7–8	15 Al-Anon 7pm	16 Al-Anon 12pm  AA Meeting 7:30pm	17 Qigong 9–10 am  Gay AA Meeting 6pm
18 Nurturing Community Dr. Jane  Meditation Healing Through Music Rev. Barb	19 Al-Anon 12pm  AA Meeting 6:30 – 8:30 PM	20 Qigong 6:30–7:30 pm  Affirmative Prayer Workshop 7 – 9 pm	21 Power Hour 2–3  Power Hour 7–8	22 Al-Anon 7pm	23 Al-Anon 12pm  AA Meeting 7:30pm	24 Qigong 9–10 am  Gay AA Meeting 6pm
25 The Value of Diversity Rev. Debby  Guided Meditation	26 Al-Anon 12pm  AA Meeting 6:30 – 8:30 PM	27 Qigong 6:30–7:30 pm	28 Power Hour 2–3  Power Hour 7–8	29 Al-Anon 7pm	30 Al-Anon 12pm  AA Meeting 7:30pm	31 Qigong 9–10 am  Gay AA Meeting 6pm

### Wisdom Healing Qigong

With Gail Privetts – Certified Qigong Instructor Tuesday evenings, 6:30–7:30 pm, Saturdays 9 – 10 am, \$10:00 per class. Through the practice of Qigong you help build you immune system, improve longevity and a sense of well-being. Be sure to check out [www.chicenter.com](http://www.chicenter.com) for upcoming events and for dates when Master Mingtong Gu will be hold weekend workshops. Scholarships available with Master Gu.

## June 2008 – Activating Intuition

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 What is Intuition? Rev. Debby</p> <p>Qigong Med Gail Taize 6-7 pm</p>	<p>2</p> <p>Visions Meeting 6 pm</p>	<p>3</p> <p>SOM 102 1-3:30 pm</p>	<p>4 Board Mtg 5pm</p> <p>Power Hour 2-3 pm</p> <p>Power Hour 7-8 pm</p>	<p>5</p> <p>Al-Anon 7pm</p>	<p>6</p> <p>Al-Anon 12pm</p> <p>AA Meeting 7:30pm</p>	<p>7</p> <p>Qigong 9-10 am</p> <p>Gay AA Meeting 6pm</p>
<p>8 The Courage to Follow Your Intuition Rev. Matti</p> <p>Guided Med Taize 6-7 pm</p>	<p>9</p> <p>Al-Anon 12pm</p> <p>AA Meeting 6:30 - 8:30 pm</p>	<p>10</p> <p>SOM 102 1-3:30 pm</p>	<p>11</p> <p>Power Hour 2-3 pm</p> <p>Power Hour 7-8 pm</p>	<p>12</p> <p>Al-Anon 7pm</p>	<p>13</p> <p>Al-Anon 12pm</p> <p>AA Meeting 7:30pm</p>	<p>14</p> <p>Qigong 9-10 am</p> <p>Gay AA Meeting 6pm</p>
<p>15 Father's Day</p> <p>Being Mindful Rev. Debby</p> <p>Healing Through Music Rev. Barb Taize 6-7 pm</p>	<p>16</p> <p>Class 1:30 - 3:30 PM</p> <p>Al-Anon 12pm</p> <p>AA Meeting 6:30 - 8:30 pm</p>	<p>17</p> <p>SOM 102 1-3:30 pm</p>	<p>18</p> <p>Power Hour 2-3 pm</p> <p>Power Hour 7-8 pm</p>	<p>19</p>	<p>20</p> <p>Al-Anon 12pm</p> <p>AA Meeting 7:30pm</p>	<p>21</p> <p>Qigong 9-10 am</p> <p>Summer Begins</p> <p>Gay AA Meeting 6pm</p>
<p>22 Do Less, Be More Rev. Matti</p> <p>Guided Mediation Taize 6-7 pm</p>	<p>23</p> <p>Class 1:30 - 3:30 PM</p> <p>Al-Anon 12pm</p> <p>AA Meeting 6:30 - 8:30 pm</p>	<p>24</p> <p>SOM 102 1-3:30 pm</p>	<p>25</p> <p>Power Hour 2-3 pm</p> <p>Power Hour 7-8 pm</p>	<p>26</p> <p>Al-Anon 7pm</p>	<p>27</p> <p>Al-Anon 12pm</p> <p>AA Meeting 7:30pm</p>	<p>28</p> <p>Qigong 9-10 am</p> <p>Gay AA Meeting 6pm</p>
<p>29 The Cost of Denial Dr. Jane</p> <p>Guided Mediation Taize 6-7 pm</p>	<p>30</p> <p>Class 1:30 - 3:30 PM</p> <p>Al-Anon 12pm</p> <p>AA Meeting 6:30 - 8:30 pm</p>				<p>Sunday meditation practice is from 9:30 - 9:50</p>	

## Affirmative Prayer! Workshop

Religious Science teaches that we do not need a 'middle man' to have answered prayer.

We do need to pray effectively, however. Whether you want to brush up on your skills, or want to learn affirmative prayer for the first time, this workshop is for you. Rev. Claudia will walk through the steps of affirmative prayer. Every participant

will write his or her own treatment. Rev. Claudia says, "Writing treatments out is a great way to learn. It gives the student something to focus upon, and keeps the treatment consistent until it has been demonstrated." Come to this workshop with a dream or 'issue' and we'll hand it over to the Universe together! Tuesday, May 20<sup>th</sup> 7-9 PM \$20.00

*"Workshops are a great way to keep the positive vibrations in motion and to have fun."*

## May-June Book of the Month

*The Age of Miracles*, by Marianne Williamson, proclaims that every day is an opportunity to rewrite the script of your life. As you practice this, you recreate your life, as you desire it to be. We can let go of the "I am too old," and the blame game and replace it with "I choose to forgive."

According to Marianne, "We want to pierce the veil of illusion that separates us from a world of infinite

possibility. We want another kind of life for ourselves and our world."

This book will be the subject of discussion for the Attitude Adjustment Tea to be held on Thursday, June 26, from 4 - 5 PM with Rev. Barbara Heley. Get your discounted copy in the bookstore today.

### Power Hour



### Continued transformation In May & June

The groups will read and discuss the essential teachings, meditations and exercises in the Eckhart Tolle practice book *The Power of NOW*.

#### Wednesdays

2-3 pm - Rev. Matti

7-8 pm - Rev. Debby

This is a great opportunity to take part in group discussion and make new friends.

## SOM 102 Starts Tuesday, June 3rd

The class will meet from 1 until 3:30 for eight weeks and the fee is \$150. Some scholarships are available. The class is open to all interested people whether they have taken any classes before or not. Non-members of the church are welcome. Every class will

include some discussion and instruction on meditation techniques.

Those people who have taken SOM 102 before are offered a discount of 50%. For more information see the instructors

## Flower Time Road Trip

Join us May 4<sup>th</sup> as Ellen and Gil Provost lead us on a private tour of Quail Botanical Gardens in Encinitas. Exhibits include bamboo groves, a tropical rainforest, undersea succulent Garden and an introduction to an interactive children's garden.

We will carpool from the Center, leaving at 11:30 am. Make sure you bring comfortable shoes and plan on spending one hour or more at Quail. Cost for Adults is \$10, \$7 for seniors.

**Carlsbad Church Of Religious Science**  
**The Carlsbad Center for Positive Living**  
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**OUR VISION**

Awakening humanity to its  
Spiritual magnificence

**STATEMENT OF TRUTH**

There is a Power for Good  
in the Universe and  
*you can use it!*

**OUR MISSION**

To Teach, Demonstrate and  
Inspire a Positive Spiritual  
Approach to Living



**Mother's Day  
May 11<sup>th</sup>**

**Father's Day  
June 15<sup>th</sup>**

**Summer begins  
Saturday  
June 21<sup>st</sup>**

**Affirmative Prayer**

The CPL staff is well trained and available  
for one on one treatment work. Their fees  
are modest and no one is ever turned  
away. Contact numbers are:

*Ministers*

Rev. Debby O'Donnell  
619.857.1929  
Dr. Jane Claypool  
760.434.9579  
Rev. Matti Dobbs  
760.214.5628  
Rev. Barbara Heley  
760.967.1614  
Rev. Claudia Mulcahy  
760.434.9579

*Practitioners:*

Gail Privetts, R.Sc.P.  
760.433.8082

The staff at CPL gladly offers treatment  
work on Sunday as our gift to you.