



390 Oak Avenue, Suite H Carlsbad, CA 92008 760-434-9579

Seeds and Weeds

New Thought, New You, New World

July/ August 2009

July: As the sun heats up so do we with a month filled with "Soular" Power. Join us as we tap into the energy by which everything lives and which is found deep in our souls.

August: We will dive into prosperity this month, looking at a different prosperity author each week. There will be no secrets left by the end of this month.

Sunday Programs

9:30 AM Meditation

10:00 AM Service

11:00 AM Fellowship

Newsletter available on line at www.csicarlsbad.org

Please share this link with others; together we can teach, demonstrate and inspire a positive approach to living

Now that summer is in full swing, those of us who garden are starting to see the fruits of our labor; tomatoes are starting to color, strawberries are ready to pick and, in Iowa, the corn is right on schedule to be "knee high by the Fourth of July".

But no matter how carefully we planted seeds, there are bound to be a few weeds showing up. And, if left unattended, they can take over before you know it, leaving little room for those precious seeds to grow. The same is true for our Spiritual work. If left unattended, negative thoughts can slow down demonstrations of our good. Our founder Ernest Holmes wrote, "Just as you watch your garden so that

Look Within

Cyberspace has made a tremendous impact on our lives. We live, work, and play in virtual environments. We are always connected. Today's technology permits us to dial technical support, make reservations, and get directions among a myriad of other services. It has become a way of life. We connect to get our needs met.

So it is with our spiritual lives.

foreign seed shall not fall into it, producing a growth of undesirable plants, so you must refuse entrance to any thoughts you do not wish to see manifested in your life."

When I read that this week, it made me start to ask some questions of myself. How are the seeds that my thoughts have planted growing and is there any weeding that needs to be done? Is the seed of healthy relationships, including with myself, blooming or is there some forgiveness work left to be done? Has my crop of more than "enough to go around with some to share" progressed or has it stopped just short due to un-forecasted fear?

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We are always connected to Source. Taking this for granted, many people rush aimlessly to and fro on the path of life seeking success. Where are they going? What are they seeking? What's their purpose? Somewhere along the way the connection appears to be lost.

Cyberspace is a composite of the spiritual world in form. We are all one with Source and we are all connected.

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And let us not be forgetting that wonderful pasture of joy and making sure it is not being choked by weeds of worry.

Join me and start pulling some weeds. Take time out throughout the day to check in with yourself and make sure you are focusing on the positive. Give yourself a gift of a good inspirational read, one that will lift your spirits and your attitude. Begin your day with thoughts of gratitude and end your day by counting your blessings.

And here is the best suggestion of all; continue to surround yourself with loving like-minded individuals who are also on a Spiritual Path.

more at CSL Carlsbad every Sunday. The group meditation is a perfect way to go deeper while exploring other types of meditation. The Sunday talks and music we have lined up for you will be filled with the “soular power” that every garden needs. And those seeds of prosperity will thrive as we uncover the secrets through the works of many great prosperity teachers. And don’t pass up the mini workshop on Treatment, a form of affirmative prayer, which will be offered after the Celebration Service.

Join us as we tend to our gardens together; in fellowship and in service.

Joyfully, Rev Debby



The universe is proceeding with perfect timing; if you believe it is not, it is not an error in the universe, but your perception.

~Alan Cohen

Look Within continued from page 1

Made in the image and likeness of God, each of us has within us the Power and Presence. All we have to do is turn within and power up the connection. Spirit is always willing and ready to answer the call.

Facing a major challenge this past week I experienced some fear. Then I remembered the Truth, turned on my music and went within to Source. Recognizing the Power and Presence, I remembered that Spirit is always on the job and that this issue required a Force bigger than I am. Knowing that Spirit as my Source is an equalizing Force, I affirmed my desired outcome and turned it over for God to do the work. Empowered by the knowledge that there

is a Power for Good in the universe and that Spirit within directs and protects me and always knows the way, I let go and allowed Spirit to work with astounding results.

When confronted with a challenge or a new opportunity, focus your attention within. Pray, knowing that you will find comfort, new power, new strength, and a sense of direction. Spirit always knows the way.

Yogananda in *Inner Peace* reminds us that the outside world engages in action and interaction, however, the world inside you determines your happiness. Look within.

Namaste, Rev Matti



There is a Power in man that can lift him toward his highest aspirations and make him the person he wants to be.

~ Dr. Frederick Bailes

You Have Freedom NOW

I have a prayer partner and every week we talk about what is going on in our lives and then we treat for each other. The subjects of our prayers have varied a great deal over the years and we have had wonderful results. One time I requested a prayer treatment to get my printer to work properly and another time to recover easily from cancer. The process of treatment never depends on how big or small the subject appears to be, because there is nothing that is difficult for the Creative Power of the Universe that we call God.

Recently, it occurred to me that no matter what we were treating for, the basic issue was to establish more freedom for ourselves. Freedom from things we didn't want such as illness, or poverty or fear or guilt or whatever. Freedom to express the things we want more of, such as health, wealth, peace of mind, happiness and creativity. All our treatments are about opening our minds to accept more of the Power that God intends for us to use. All of our treatments are to give us more freedom to live well.

Since July is all about freedom, I thought I would talk about the power of using treatment to expand our lives and enjoy our potential freedom. We all have more ability to express more freedom than we are doing at this time. Most of us don't even begin to know how much freedom we already have. Let's celebrate this month by opening up to the truth of our being and accept more of our God-given freedom.

Most of us believe in the power of the problem when we are confronted with an issue. We believe too much in limitation when something changes or presents itself as a possible danger. While that may be the way of the



world, we don't have to buy into the fear and belief of being victims that others do.

We are spiritual beings having a human experience and we have an opportunity to grow and change as we

learn more. From the time we are born, we become aware that our physical world is limited. It starts with having to wait for others to serve us our meals and take care of our cleanliness. Certainly, a two year old hears the word "No" enough to get the message that we are not completely free on the relative plane of existence.

Most of us get the message of limitation so strongly that we fail to see how much freedom we have. We feel bound by circumstance, by age and education, by physical limitations and by our own personalities. We come to Science of Mind hoping and praying to be more free at the same time we hold a great deal of reservation about our ability to express more freedom.

Science of Mind shows us the way to freedom from bondage. We learn that we can impact our visible world by going to the invisible side of reality and accepting new paradigms. We learn that we can change our lives by changing our thinking. We learn that we always have a choice to express more freedom. We learn that we are never stuck. We learn to use Principle in a way that we build wonderful lives for ourselves.

If you are willing to learn, Sunday lessons in July are the place to begin. See you in church?

Dr. Jane

"The Science of Mind and Spirit makes a tremendous claim when it states that it can free the individual from the bondage of sickness, poverty, and unhappiness; but it makes this statement without hesitation and without qualification; it does not retract from that claim and it never will."

Dr. Ernest Holmes
The Science of Mind
 Original 1926 Text

Your Center– 365 Days a Year

Summertime is in full swing. Barbeques, road trip, house guests and oh so much more. I would like to remind you that CSL Carlsbad is still in full operation and we would welcome you and your guests on Sundays to join our meditation at 9:30 and Celebration at 10:00. We are here 12 months a year and we are ready to serve.

Even if you are not able to be here this summer, please remember that we still need your support. The financial obligations of the Center do not stop. With your support and generous contributions, we will be able to continue to offer a variety of community outreach activities and provide a space for both AA

and Al-non groups to meet. We welcome your generous donations and accept MasterCard, Visa, checks and cash. You can call us, mail us or come by and see us.

And if we can be of assistance to you or someone you know, please contact us. This spiritual village is here for you, and we know you are here for us.

Know that you are in our daily prayers, experiencing perfect health, abundant prosperity, loving relationships and complete success.

And so it is– Rev Debby

The Good Life

“The Good Life” is in knowing the truth that my supply is unlimited, for my Source is the One Mind. God surrounds me and supports me every day of my existence. The blessings of abundance are formed in the simple but important circumstances of living; family, friends, home, and nature. This includes my respect and honor for God, myself, and everyone else I encounter on this planet, as well as all appearing oppositions to what I think is “good”. I must be firm in my Reliance on “the right action of God”.

In my human life I encounter challenges of discomfort, disease and death on a regular basis. As a spiritual being, my frame of mind must be staged on my faith in the God Essence within me. The opportunities for growth on my spiritual path are met in the consciousness of the God Presence. I can accept the Christ

Consciousness into my mind or I can reject it. If I bow to the pressures of living, I am rejecting “The Good Life” in the God Consciousness. I must “Take It to the Lord in Prayer” just as the familiar hymn suggests doing the spiritual exercise of self-examination through meditation, treatment and affirmation. Just as guitar players use AMPS to magnify their music, I can magnify my life experience with AMPS of affirmation, meditation and prayer. My inner music flows from the Creative Energy through me. Then I can rise each day to give thanks for my abundance of life’s blessings, to the joy, laughter, music and dancing of my spirit, freely relishing the delight of living right now. I rejoice and am exceedingly glad “The Good Life” is mine.

– Rev. Barbara Heley

Nourish the Center that Spiritually Nourishes You

1. Set up an automatic monthly contribution via credit card or bank account
2. Donate \$25 to the flower fund in honor of someone special, including yourself
3. Volunteer at the Center

Call the office at
760-434-9579 or send an
e-mail to
truthliving@aol.com

We must instill into
the mind the
fundamental
proposition that
good is without
bounds; only good
and loving-kindness
shall “follow me all
the days of my life.”
(Psalm 23.6)
~Ernest Holmes

July 2009 – Soular Power

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Al-Anon 12pm AA Meeting 7:30 pm	4 Gay AA Meeting 6 pm
5 Power vs. Force Rev Matti	6 Al-Anon 12pm AA Meeting 6:30 – 8:30 pm	7	8	9 Al-Anon 7pm	10 Al-Anon 12pm AA Meeting 7:30 pm	11 Gay AA Meeting 6 pm
12 Power in Asking Rev Debby 11:30- 12:30 Treatment 101 workshop	13 Al-Anon 12pm AA Meeting 6:30 – 8:30 pm	14	15 7-8pm Higher Purpose Business Networking Event	16 Al-Anon 7pm	17 Al-Anon 12pm AA Meeting 7:30 pm	18 Gay AA Meeting 6 pm
19 Power Attitudes Rev. Matti	20 Al-Anon 12pm AA Meeting 6:30 – 8:30 PM	21	22	23 Al-Anon 7pm	24 Al-Anon 12pm AA Meeting 7:30PM	25 Gay AA Meeting 6 pm
26 Power of Education Dr. Jane	27 Al-Anon 12pm AA Meeting 6:30 – 8:30 pm	28	29	30 Al-Anon 7pm	31 Al-Anon 12pm AA Meeting 7:30pm	

August 2009- Secrets of Prosperity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
August 30 The Word of Completion Dr. Jane	August 31 Al-Anon 12pm AA 6:30 pm					1 Gay AA 6 pm
2 4 Spiritual Truths Rev Debby	3 Al-Anon 12 pm AA 6:30 pm	4	5	6 Al-Anon 7pm	7 Al-Anon 12pm AA 7:30 pm	8 Gay AA 6 pm
9 Affirmation Abound- Rev Matti 11:30-12:30 Treatment 101	10 Al-Anon 12 pm AA 6:30 pm	11	12	13 Al-Anon 7 pm	14 Al-Anon 12 pm AA 7:30 pm	15 Gay AA 6 pm
16 Prosperity Secrets 365 Dr. Jane	17 Al-Anon 12 pm AA 6:30 pm	18	19 7-8 pm Higher Purpose Business Networking Event	20 Al-Anon 7 pm	21 Al-Anon 12 pm AA 7:30 pm	22 Gay AA 6 pm
23 Prosperity Magic Rev Matti	24 Al-Anon 12 pm AA 6:30 pm	25	26	27 Al-Anon 7 pm	28 Al-Anon 12 pm AA 7:30 pm	29 Gay AA 6 pm

Satsang Evening Tuesday Aug 11, 7–9PM

Satsang is a gathering of individuals for the purpose of experiencing a deeper connection to Source. Satsang means being together in truth and comes from the Indian teaching of Advaita Vedanta.

Gaia will facilitate the evening. Originally from Germany, he has lead Satsang gatherings since 1995 throughout the world.

“Essence is the constant present, healing presence of your self – free of fear, fault and illness. I understand satsang as an invitation for everyone, to see this fearless, fulfilling, healing space – the essence – as our natural condition and hereby to experience never ending meditation.” –Gaia

Join us as we join together in an atmosphere of “instilling” silence, inner peace and presentness. A love offering will be taken.

Treatment 101

Sunday July 12th and August 9th

11:30 to 12:00

With God, all things are possible. Therefore, whatever the challenge or desire for change in our lives, there is always an answer, a way to move into a new experience. Spirit is limitless in terms of creative power.

We can use Spiritual Mind Treatment, focused affirmative prayer, as our way to confirm what we know is true, despite appearances. We do not beg or barter but acknowledge our connection to God and know that we are co-creators in our lives.

Join Rev Debby as she reviews the steps of treatment, provides some affirmative prayer tools and leads a discussion on putting prayer to work in our daily lives.

Short, sweet and offered as a gift from CLS Carlsbad.

Staff:

Dr. Jane Claypool
Founder and Sr. Spiritual
Director

Rev. Debby O'Donnell
Spiritual Director

Rev. Matti Dobbs
Spiritual Director

Rev. Barbara Heley
Spiritual Leader

Rev. Claudia Mulcahy
Spiritual Leader

Gail Privetts, R.Sc.P
Spiritual Leader

The Staff is available for
affirmative prayer work,
guidance and spiritual
counseling.

760-434-9579

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support the Center every day
of the week.

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internet, set up
www.goodsearch.com as your
search engine. Select Center
of Spiritual Living Carlsbad as
your charity and they will
send us 1 cent for every
search.

2. Go to Amazon.com from
our website. A percentage of
your purchase will be
donated to the Center.

www.cslcarlsbad.org

Carlsbad Church of Religious Science
Center for Spiritual Living Carlsbad
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Office: 760-434-9579

www.csicarlsbad.org

Our Vision

Awakening humanity to its Spiritual magnificence

Our Statement of Truth

There is a Power for Good in the Universe and you can use it!

Our Mission

To teach, demonstrate and inspire a positive approach to living

Something Positive is Always Happening Here