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~Sunday Service Podcasts available online~

390 Oak Avenue, Suite H Carlsbad, CA 92008 760-434-9579

July/ August 2010

July: Consciousness Never Takes a Vacation.

Taking a well-earned vacation this summer? Consider this: Your consciousness never takes a vacation. Wherever you go, your consciousness goes ahead of you, preparing the way, determining what your experience shall be. This summer, join us each week to deepen your God-based consciousness -- unless, of course, you're on vacation!

August: Words of The Wise

In Religious Science, we are fortunate to have a teaching developed by Ernest Holmes, the Fillmores and many deep and mystical thinkers of the ages. In August we will explore some of their ideas while adding our own two cents as well. Join us each week!

Sunday Programs

9:30 AM Meditation

10:00 AM Service

11:00 AM Fellowship

Spanish Service:

Saturday Evenings at 6:30

Newsletter and Podcasts at

www.cslcarlsbad.org

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Together we can teach, demonstrate and inspire a positive approach to living.

“Life, liberty, and the pursuit of happiness”

This is one of the most famous and most quoted phrases of the Declaration of Independence. It represents a basic belief that our forefathers held and one that we believe today.

Or do we? Yes, we talk about freedom but how much time do we spend feeling trapped? How much time do we really spend pursuing our happiness versus trying to make others happy? Are we charting the course of our life or living out a chart someone else gave us?

Ernest Holmes reminds us that we have the power to change our thinking and change our lives, giving us the freedom to choose how we act and react. Science of Mind provides the tools to pursue our happiness in all that we do since it is an inside job.

Through treatment work, we can chart our course. By incorporating gratitude into our daily spiritual practice, we can celebrate all that life offers. And by giving from the heart, we can receive all of our riches with grace.

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Timeless Words of Wisdom

Spiritual Teachings are guided by words of philosophers and wisdom teachers that guide our thinking and ultimately our behavior. As goes our consciousness so goes our life. The Master teacher Jesus gave us many expressions for guidance and thought to remember who we are and to raise the human spirit to new level: *The kingdom of heaven is within. It is the father's great pleasure to give you the kingdom.* Ernest Holmes, *There is a power for good in the universe and you can*

use it. Emerson, Get your bloated nothingness out of the way...

My beloved mother recently made her transition and left a couple of generations of offspring words to guide, heal, and lift us during good times and bad.

To boost the spirit and teach a life lesson, she had a wisdom phrase for every occasion. Her motto, *“If I can do anything—say a kind word or do a kind deed to help someone on their way, then my living won't be in vain.”*

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“Life, liberty, and the pursuit of happiness”

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Pursuit of happiness is considered an inalienable right. As such, it is absolute, not rewarded or earned. It is a basic right of all peoples and incapable of repudiation. It has been fought for by many and is still being fought for today. The best way to preserve this right is to practice it, everyday and in every way.

Take time this month to celebrate the freedom that is yours by birth right. Express God in everything you do knowing that you are both blessed and the blessing. Join us on Sundays as we celebrate the truth that we are God in action.

Enjoy,
~Rev. Debby

--Spiritual Economics--

Taking the good life up a notch

Through the second Thursday of August, we will be using Spiritual Economics by Eric Butterworth for our book discussion and open forum. In this book, Butterworth offers... “Considered in the broadest sense, prosperity is “spiritual well-being.” This involves the whole experience of healing life, satisfying love, abiding peace and harmony as well as a sufficiency of what Aristotle called the “furniture of fortune.” And that is just where we will start. Join us as we explore, share and expand our Spiritual Well Being.

Thursday evenings: 7P – 8:30P



“The thoughts of yesterday and last year do not matter now, because if you can get the present thought right, it will make everything else right..... here and now.”

~Emmet Fox

Timeless Words of Wisdom

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These words taught me the value of service and giving as a way of life.

‘Name it and claim It’ was her mantra for setting intentions. Regarding faith, she would say, “On time and in time, God will answer prayer.” When she reminded me to be patient and trust, she would tell me, “Not your will but God’s will be done.” I dare you to trust!” When encouraging us to stop holding on to the problem she would say, “Write it down, give it to God and let it go!” To motivate us to persevere in the face of adversity, she role modeled “This race I’m running, I haven’t gotten tired yet.” Her words of wisdom

served as a blueprint for living my life as well as facilitating others to live an enriched life.

Do you have words that inspire and encourage you? Thoughts imprinted in your consciousness serve as a guide for daily living. If you don’t have your own daily mantra, read **Creative Thought** or **Science of Mind** magazine, words written by New Thought teachers to support, guide and heal. My mother’s *Daily Word* remained at her place setting. Daily, she turned to it for inspiration.

I encourage you to develop a statement of truth for how you want your life to unfold and design your own blueprint.



Use your wise words to guide your life daily. Your consciousness will hear and create these words as your life.

I dare you to trust!

Namaste
~ Rev. Matti

Wisdom does not take a Vacation

Summertime and the living is easy... or so the song goes. I hope we are all enjoying the beautiful weather and the relaxed atmosphere. At the same time, I hope we are continuing our wisdom studies with focus and clear intention. If you want to have a better life, you cannot take the summer off from paying attention to all that you have learned.

Wise choices may vary from season to season but the basic principles of Science of Mind remain the same whether it is July or January. It may be smart to wear a coat in February and silly to wear even a sweater in August but the story of child who sees the naked Emperor for who he is remains true. If you want to be the wisest one in the crowd, you need to focus on clarity and not let lazy days blind you. Keep your eyes on the Truth and remember that Spiritual Laws never stop working in your life.

I hope we all spend a few minutes developing our ability to see clearly every day of the year. Daily meditation practice is just as important in the summertime. We want to be able to focus and stay on target as we move toward our goals even when the weather is good.

While it is fun to relax and relaxation is a big part of living wisely, another big part is to develop our ability to visualize success and happiness.

Next time you're in a lounge chair drinking a mint julep, try closing your eyes and seeing yourself as surrounded by wealth, or health, or happiness.



See it until you believe it!

You will be developing your ability to make the law of attraction work for you without moving a muscle. Another lazy day activity that will bring you great good is to count your blessings.

The more things you can find to be grateful for, the happier you will be. What's more, you will be sending a clear message to the Infinite Power we call God that says you are ready to accept more good in your life. Remember God can only give you what you can accept. Meditation, visualization, and counting your blessings are wise ways to enjoy summertime ease and the rest of your life.

How about finding wisdom in some summertime 'light' reading? Here are some *Light Book* suggestions; *Words That Heal Today* by E. Holmes, *Power of Decision* by RC Barker, *Spiritual Economics* by E Butterworth, *The Art of Happiness* by the Dalai Lama, *Four Spiritual Laws of Prosperity* by E Gaines, *The Power of Now* by E Tolle. Or peruse our bookstore to pick your own "beach book". Whether we are on the beach, in the mountains, or in our own backyards, wise choices work year round. Wherever you are, have a wonderful summer. You deserve the best!

~Dr. Jane

Quantum Healing with Rev Layng on Thursday August 12th, / 7:00P-8:30P

Rev Geoff Layng, a lifelong student of Quantum Physics and Science of Mind, has a wonderful healing consciousness which has taken him around the country to speak on the topic. He will be leading a discussion on healing based on his own experience and inviting us to explore the ways we can impact our lives as well as those around us through simple smart changes in our thinking habits.

"In order to change the world's consciousness, we need to change our consciousness regarding creating health and happiness in our lives. It's all about expressing Divine Love as the reflection of our thoughts and actions. When we embrace our inclusive quantum self, which represents all life throughout the universe, we become unified with The Universal Wholeness of God, and become realigned to our spiritual perfection. The journey of enlightenment is one thought away."

Please join us for an evening of self reflection and inner growth.

~ Rev Geoff

Wise Words

Many years ago when I was a precocious child of 12 years reading Vogue Magazine, I happened upon a interview with Carol Channing.

For those of you that may not remember, Carol Channing was a great star of the New York Broadway stage. I was an aspiring dancer and very much interested in the Broadway stage and all that jazz. Ms. Channing credited her father with saying to her one day, "Be careful what you wish for, because you will surely get it". How true that saying became to a little girl from Kansas City, Missouri. I went to New York City at age 18 and traveled around the world dancing for several years.

That was long before I had ever heard of Science of Mind. It just reinforces the concept that your dreams, aspirations and thoughts become reality quicker than a wink.

My teacher used to say, "It's not magic, It's the LAW." That was our own dear Dr. Rev. Jane Claypool. I never met Carol Channing in my travels, however like her "little girl from Little Rock" I was a little girl from K.C. and I had a wonderful

exciting time traveling and experiencing life because of my dreams and desire to expand my awareness.

Choose wisely your words, thoughts desires and dreams. What I didn't know then but I know now is that it's Science of Mind and the LAW, not magic.

And So It Is.

~ Rev. Cecilia Rodarte

With Thanks...

We would like to acknowledge all of you who support the CSLC. Your willingness to share your time, talents and treasures allows us to have a place to gather, a place for fellowship, a place to learn and a place to share with others doing good works in the community.

If you would like to be more involved, please see Rev. Debby or Rev. Matti. It is through your support that we will be able to expand our community outreach and move to a new location. Now, more than ever before, we must remember that what we give comes back -- pressed down and running over.

Wise Ideas

Church goes on 12 months a year and it is just as wonderful in the vacation days as always. Continue to be a part of our beautiful spiritual gathering and if you are on a trip, visit another New Thought Center. You will be glad you did.

Remember we have classes all summer long and many people find the summer evenings perfect for Science of Mind classes because the light skies make it easy driving and easy to stay awake. Take a class!



Nourish the Center that Spiritually Nourishes You

1. Set up an automatic monthly contribution via credit card or bank account
2. Donate \$25 to the flower fund in honor of someone special, including yourself
3. Volunteer at the Center

Call the office at 760-434-9579 or send an e-mail to truthliving@aol.com

"Our Creative Power is marvelous, for every time we think, we set the Law in motion"

~Ernest Holmes