



390 Oak Avenue, Suite H Carlsbad, CA 92008 – 760-434-9579 www.carlsbadcenterforpositiveliving.com

New Thought, New You, New World Jan/Feb 2009

January: We will use the foundational principles of Science of Mind to set the tone for a year of fulfilled desires.

February: Spirit is always in motion, reforming. We will be looking at how we direct and guide our lives to become a greater expression of self.

Sunday Programs

10:00 AM Service

11:00 AM Fellowship & refreshments

5:00 PM Meditation Service

Events

Jan 15th– SOM Class Begins @ 7

Jan 27th– Book Study Tea @ 3

Feb 18th– Concert @ 7

An Invitation

There is a saying in the Texas “If you don’t like the weather, wait 30 minutes because it will change.” The same can be said for **life**, although 30 minutes could be more like 30 days or even 30 years. The one thing we can count on however is change. It doesn’t matter if things are going great or not so great, it is all going to change.

So this year, we invite you to not only expect change but embrace change; let’s welcome it, direct it and guide it.

I was invited to attend my first Science of Mind class by a friend who, although they did not say it so many words, was tired of hearing my “poor me” drama packed stories.

Delight and Discovery

January is an exciting time of the year – a time to release the past and look forward to the new. Every year ushers in a new beginning, the first day of the rest of our lives. How shall we live this year? Let’s make it a time of delight and discovery. Let’s revitalize and regenerate *new thought, a new world, and a new you.*

I like to look at what worked well for

What I found was the tools to manage life and uncovered a new empowered me. I learned that if I wanted more love, I needed to be more loving, starting with loving myself more. If I wanted more success, I need to show more appreciation for the success I already had. I was reminded to count my blessings and not my worries; something that I had long forgotten. And most importantly, I found positive like minded people who were willing to support me.

Rev Matti and I will be leading an 8 week Science of Mind class, The Spiritual Path, starting Jan 15 and you are invited to join us. If this is your first class, get ready for a wonderful

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me in the past year. What should I embrace with love and gratitude and carry over into the New Year? More importantly what do I want to create? I want to continue to live in Spirit and court the Presence daily. In this space of quiet and solitude I rejuvenate my spirit, live in the now and imagine new heights. What new mountain is there to climb?

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An Invitation continued from page 1

self discovery and positive change. And if you are a long time student of Science of Mind, I assure you this will be more than a refresher course. This is because you have changed since your last class and see the world, your life and yourself from a different place.

The text book begins with the following invitation:

... PEACE BE UNTO THEE, STRANGER

Peace be unto thee, stranger, enter and be not afraid.

I have left the gate open and thou art welcome to my home.

There is room in my house for all.

I have swept the hearth and lighted the fire.

The room is warm and cheerful and you will find comfort and rest within. .

The table is laid and the fruits of Life are spread before thee.

The wine is here also, it sparkles in the light.

I have set a chair for you where the sunbeams dance through the shade.

Sit and rest and refresh your soul.

Eat of the fruit and drink the wine.

All is yours, and you are welcome - Ernest Holmes

Join us as we moved forward on a positive life path, knowing the power within and allowing the Good to overflow. We invite you to attend class, join us on Sundays, and share in the fellowship. We are on the path of change and welcome your company.

Joyfully, Rev Debby



“What you’re looking for is not in the refrigerator, It’s in you, deep inside, in your connection to a Higher Power and a higher purpose.” ~ Victoria

Delight and Discovery continued from page 1

Living in this energy of positive anticipation allows me to welcome the new, move through any valley and even step over them. Seeing God in every moment permits us to seize the opportunity for transformation and change.

How will you design your life this year? Each one of us is Spirit in action. We are always imaging and creating new

realities. Spirit puts no limits on us.

Join me in knowing that we are always at choice, free to create, reform, and build the lives we desire. Despite what is going on around us we carry our own joy. We can choose to live in the now, walk in the light and find the joy in every moment.

Namaste, Rev. Matti



“You are starting out on a great adventure, a wonderful journey. You are guided by love, inspired by truth, and your future will be what you make it.”~ Ernest Holmes

Choose Love of Life

From time to time, it is a good idea to monitor our thoughts and feelings so that we can make appropriate choices. As you read this, I invite you to take a look at your current emotional climate. Using a scale of one to ten, where are you on the happiness scale at this moment?

The good news is that no matter where you rate yourself, there is always room for hope because there are spiritual laws working in your life and you can use them.

Everyone wants to be happy because when we are happy, we love ourselves, we love others and we love our lives. When we pay attention to the things we love, we draw more of the same toward us. Our problem is that we are trained to look at what is wrong so we tend to draw more problems our way. Our solution lies in paying attention to the things we desire in order to attract more of the good stuff.

That is the basic spiritual law of the universe. It is called by many names; the law of cause and effect, and the law of attraction are two of the most common. If you want more from life, it is important to remember that you are not alone. As the founder of Religious Science, Ernest Holmes tells us, *There is a Power of Good in the Universe and you can use it.*

Once you understand this basic spiritual law, you can make choices that enable you to have a different expression of life. You can have more love and more happiness when you train your mind to work with The Law.

The Law is always working and it does not play

Get Connected!!!!!!!!!!!!!!!!!!!!

Surprised by the name and logo change? Want to be the first to know when the new web site is up? Ready to get electronic updates of the happenings at the Center? We would greatly appreciate the opportunity



favorites. We can all get more out of life, once we understand the basic law of cause and effect. We can learn to make choices based on our spiritual wisdom really enhance our existence. We can choose

to express love and get more love in return. We can choose to give more joy and become more joyful. We can choose to give more of our wealth and attract more wealth.

As our choices point us in the direction of our dreams, we attract more love, more life, more joy and more wealth simply by focusing on the good stuff and letting the bad stuff take care of itself. One of the simplest ways I know to explain Science of Mind is to say that it is learning to look at the solution instead of the problem.

Even if you gave yourself a low rating on the happiness scale a moment ago, please don't feel discouraged, or ashamed. Even if you are facing a special challenge or difficulty, remember that as you choose to express more of the good you desire, the difficulties will pass. Dr. Tom Costa used to remind us, "If you are going through hell, keep going, don't pitch a tent there."

In January we start wonderful new Science of Mind classes and there is no faster way to learn the basic principles of Science of Mind and incorporate them into your life. I can promise you, that everyone who attends classes is on his or her way to a brand new level of life. Won't you join us?

to add you to our contact list. Just send an e-mail to truthliving@aol.com and we will add you to the list.

Don't wait, send us that note NOW!

Feel Go(o)d Tea and book discussion

Everything You Need to Feel Good by Candance Pert is our featured book for January. Candance believes that feeling good and feeling God are one and the same. In this book, she covers a broad range of science, health and spirituality in terms of the mind, body spirit connections. As a scientist, she documents research and quotes from well known experts in the fields of emotion and body/mind connection in understandable terms as only she can do.

Rev Barbara will be hosting a tea at her

Recession Proof Your Life

For months, news and business reports have been talking about the same thing. No, not the election (after a two year run) but whether or not we were in a recession. Then the talk turned to speculation. Full segments were spent on how bad it was going to be (if we were not already in one.) They gave detail as to how long it would last (of course depends on when it started) and the all time kicker: the 'What if' question. What if it goes into depression? 'What if' can take us sideways quicker than we'd like to admit.

But *What If* we took a different road? Walked down another street to avoid the pothole we have fallen into as habit? *What If* in our mind, we saw the glass half full before it was manifested? *What If* we decided to use principle everyday - throughout the day instead of letting the media decide for us our mood? *What if* we really believed our Source is God - For

home on Tuesday January 27th at 3 PM to discuss this book's wisdom and how we can put it to use in our daily lives. This is a great opportunity to join like minded individuals who share an interest in living a healthy spiritual and physical life and Rev Barbara is the perfect person to host this afternoon discussion.

Please RSVP by calling 760-967-1614 and reserve your seat at this wonderful tea party, complete with goodies.

each breath I can take, that I now can bake a cake. And people, places and conditions are not the cause, but the effect?

If we really believed that, we would see our savings rebound, our tension decrease, I would bet most of us would not have that new fangled TV digital adapter box thing we need by February - because we would know the world is our effect, not our cause.

There is a great (no charge) opportunity to be in class Jan - March at the Carlsbad Center for Spiritual Living. It will deepen consciousness by studying the first 40 pages of the Science of Mind Textbook. Come renew, deepen or learn for the first time the foundation to this powerful teaching. The only difference between those who have and those who do not is consciousness.

Peace and Prosperity

~ Rev Claudia

A Note of Thanks

My grateful appreciation to each of you who treated for my wellness sent cards, phoned, prepared food, brought flowers or visited me in August when I experienced a mild stroke. I have recuperated with no ill effects except for an energy level that drops occasionally. This journey to health has brought me an enlarged view of the healing Presence of Spirit in my life. I am humbled and exhilarated by my rapid recovery.

Rev Barbara

Nourish the Center that Spiritually Nourishes You

1. Set up automatic monthly tithe via credit card
2. Donate to the flower fund in honor of someone special, including yourself
3. Tithe your talent

January 2009 – New Beginning

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday Celebration 10 am				1	2	3 Gay AA Meeting 6 pm
4 A New Design for Living Rev. Matti Meditation Service 5 pm	5 Al-Anon 12pm AA Meeting 6:30 - 8:30 pm	6 Qigong 6:15 to 7:15 pm With Gail Privetts	7	8 Al-Anon 7pm	9 Al-Anon 12pm AA Meeting 7:30 pm	10 Gay AA Meeting 6 pm
11 Answering Life's Call Rev. Debby Meditation Service 5 pm	12 Al-Anon 12pm AA Meeting 6:30 - 8:30 pm	13 Qigong 6:15 to 7:15 pm With Gail Privetts	14	15 SOM Class Spiritual Path 7pm Al-Anon 7pm	16 Al-Anon 12pm AA Meeting 7:30 pm	17 Gay AA Meeting 6 pm
18 It's Your Life- Live It!! Dr. Jane Meditation Service 5 pm	19 Al-Anon 12pm AA Meeting 6:30 - 8:30 PM	20 Qigong 6:15 to 7:15 pm With Gail Privetts	21	22 SOM Class Spiritual Path 7pm Al-Anon 7pm	23 Al-Anon 12pm AA Meeting 7:30pm	24 Gay AA Meeting 6 pm
25 A Life and a World at Peace Rev. Matti Meditation Service 5 pm	26 Al-Anon 12pm AA Meeting 6:30 - 8:30 pm	27 Qigong 6:15 to 7:15 pm With Gail Privetts	28	29 SOM Class Spiritual Path 7 pm Al-Anon 7 pm	30 Al-Anon 12pm AA Meeting 7:30 pm	31

Pennies from Heaven

The next time you do an internet search; please consider using www.goodsearch.com as your search engine and select The Carlsbad Center for Positive Living as your charity. For each search you do the Center will receive \$0.01.

February 2009 – Being The Transformation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Falling Together Rev Debby 10 am Meditation Service 5 pm	2	3 Qigong 6:15 to 7:15 pm With Gail Privetts	4	5 SOM Class Spiritual Path 7 pm Al-Anon 7pm	6 Al-Anon 12pm AA Meeting 7:30 pm	7 Gay AA Meeting 6p m
8 See It Be It Rev. Matti Meditation Service 5 pm	9 Al-Anon 12pm AA Meeting 6:30 - 8:30 pm	10 Qigong 6:15 to 7:15 pm With Gail Privetts	11	12 SOM Class Spiritual Path 7 pm Al-Anon 7pm	13 Al-Anon 12 pm AA Meeting 7:30 pm	14 Gay AA Meeting 6 pm Happy Valentine's Day
15 Being "Reformed" Rev. Debby Meditation Service 5 pm	16 Al-Anon 12pm AA Meeting 6:30 - 8:30 pm	17 Qigong 6:15 to 7:15 pm With Gail Privetts	18 Concert with Anton Mizerak & Friends 7 pm	19 SOM Class Spiritual Path 7pm Al-Anon 7pm	20 Al-Anon 12 pm AA Meeting 7:30pm	21 Gay AA Meeting 6 pm
22 Soaring Higher Rev. Matti Meditation Service 5 pm	23 Al-Anon 12pm AA Meeting 6:30 - 8:30 pm	24 Qigong 6:15 to 7:15 pm With Gail Privetts	25	26 SOM Class Spiritual Path 7pm Al-Anon 7pm	27 Al-Anon 12pm AA Meeting 7:30pm	28 Gay AA Meeting 6 pm

Pennies from Heaven

The next time you want to go to Amazon, go to www.carlsbadcenterforpositiveliving and click on the Amazon icon. You will go directly to Amazon and a portion of your purchase will be donated to the Center.

An Evening of Healing Music & Chant

With Anton Mizerak and Kim Lorene

Wednesday, February 18th at 7 PM

Anton Mizerak, singer-songwriter, keyboardist, harmonica and tabla player, will hold a concert at the Center on Sunday February 15th at 6 PM. Joining him will be Kim Lorene, singer-songwriter and guitarist.

Anton and Kim have been featured artists at the United Centers for Spiritual Living Asilomar gatherings as well as Unity Village and Seattle Sacred World Music Festival. Both gather their inspiration from nature and filled with joy.

There will be meditative instrumental music, transformative chanting and heart opening songs. This is not one you are going to want to miss.

Please join us for this special evening. There will be a loving offering at the end of the concert as well as CDs for sales.

Body, Soul & Spirit

Wise Woman Weekend

Miracle Springs Resort & Spa, Desert Hot Springs, CA

Feb 6-8, 2009

Join Dr. Jane Claypool, Dr. Heather Clark & Rev. Lisa DeSnoo for a fabulous weekend of refreshing activities and relaxation. Wise Women gather from many parts of the nation to share their laughter and wisdom. The three leaders offer their special wisdom and love as they encourage women to take charge of their lives. Bring a friend or two and make it an unforgettable weekend for change and sharing.

Price for the food and program is the same as last year

\$245 before Jan. 15th and \$295 later.

Contact Karyn Allen @ Karyn@cvrsc.org 949 240 6463

Staff:

Dr. Jane Claypool
Founder and Sr. Spiritual
Director

Rev. Debby O'Donnell
Spiritual Director

Rev. Matti Dobbs
Spiritual Director

Rev. Barbara Heley
Spiritual Leader

Rev. Claudia Mulcahy
Spiritual Leader

Gail Privetts, R.Sc.P
Spiritual Leader

The Staff is available for
Affirmative prayer work,
guidance and spiritual
counseling.

760-434-9579

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Meditation Service

Sunday @ 5 pm

Meditation is credited with
promoting health,
enhancing one's overall well
being & increasing joy.

Whether you have a
meditation practice or have
never tried it before, Sunday
night Meditation Service
offers a safe place to get
quiet, chant and commune
with Spirit.

Wherever two or more are
gathered there is love so
please join us.

The Center for Spiritual Living Carlsbad

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Carlsbad, CA 92008

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Dial an Affirmative Prayer: 760-434-9584

Our Vision

Awakening humanity to its Spiritual magnificence

Our Statement of Truth

There is a Power for Good in the Universe and you can use it!

Our Mission

To teach, demonstrate and inspire a positive approach to living

Something Positive is Always Happening Here