



390 Oak Avenue, Suite H Carlsbad, CA 92008 – 760-434-9579

Power Up

**New Thought, New You,
New World
May/June 2009**

May: This month we will explore BEING the transformation we desire to see in the world. Get ready to replace fear with love, doubt with faith and worry with trust.

June: Each of us has our own path to walk in this life. Together we will explore walking in Unity with Source, going deeper and higher than ever before.

Sunday Programs

9:30 AM Meditation

10:00 AM Service

11:00 AM Fellowship

Power is a funny thing; we tend to spend our time struggling to get it and then struggling to keep it. But that's not the funny part. The funny part is that we've always got it and are always using it; we just don't always remember it. This is the Power of Spirit that Jesus, the Master Teacher, used so well. It is the power to heal; to prosper; to thrive. It is quite simply God Power and we are using it with every thought, word and deed.

Sometimes, it is easy to remember that we've got the power; especially when our relationships are good, the job is going well and everything is coming up roses. We are upbeat, positive, loving life and everyone in it. We are in the flow of Good.

You Can Change the World

I really believe that I can change the world and you can too. To the extent I strive to leave each person I touch a little happier, to the extent that I perform some service to help someone on their journey. I believe that I make a difference and so do you. Each one of us can change the world one thought at a time, one kind deed at a time. We do that through a consciousness of peace, love and service.

And just when we get comfortable with our Powerful life, we experience a leak in our dam. We quickly try to control it by putting our finger in it; believing if we just apply enough force, we can fix the problem. We keep the smile on the face but deep down, we are starting to think more and more about the leak. Before long, we start to disconnect from our daily Power Boost because who has time to read, meditate or follow any type of Spiritual Program when there is this leak that needs attention?

The Power is still there, still available if we are willing to stop and listen. But so often we don't stop, we don't listen and even forget to ask.

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That is the premise behind Echart Tolle's, *A New Earth, Awakening to Your Life's Purpose*. Many of us were led to believe that success is based on competition, winning or materialism to find that achieving that milestone or having the prize in hand only leads to a new search, a new way to happiness.

When we awaken to the realization that each of us is Divine and our happiness is within our life changes. We learn to

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When we get caught up in the problem, we tend to focus on the problem at the level at which the problem was created; not seeking the answer but forcing a solution.

The real fix, our Power Connection, is found at a higher level. It can be found at the level of trust and faith in ourselves and the natural laws that govern all. It can be found at the level of being of service to others, allowing our connected heart to open to the truth that we all connected. It can be even be found while doing nothing but being quiet and present in the moment.

It requires us to turn away from the leak and focus on allowing light to shine.

To Power Up through trust and looking inward.

We are going to power up in May as we explore BEING the transformation we want to see in the world. In June, we look at power as one of many pathways to experience higher levels of being, thinking and behaving.

We are always immersed in God's power and wisdom. God is always expressing and experiencing life through us, as us and with us. ALWAYS.

Join us as we get our Power up: awaken to our spiritual magnificence and embrace our humanity

And so it is...lovfully. Rev Dehby



Personal transformation can and does have global effects. As we go, so goes the world, for the world is us. The revolution that will save the world is ultimately a personal one. ~ Marianne Williamson

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surrender to that magnificent power within, to accept what is, realizing that our happiness and joy is in the present moment. As we reach for that happiness in gratitude and help someone to achieve theirs we move from competing to facilitating. We move from getting to giving. When we move in consciousness from "I" to "we," when we move from materialism to spiritualism we create a new earth. We lay the framework for global change and a whole new world.

So what happens when we bump into some of life's transactions when things don't appear to go our way? We feel like we are spinning our wheels rather than moving forward.

That is time to remember the truth.

Each of us is a spiritual being on a journey toward enlightenment or transcendence. Each of us has a pull of the Divine within like the pull of the sun on a sunflower as it moves across the sky. Remember that we can transcend egoism and a focus on materialism. We can transcend life's challenges and turn them into opportunity if we constantly focus on the truth. We can live life out loud with enthusiasm and joy, no matter what is going on if we hold on to this truth. As we individually and collectively live life from this perspective we realize that we really can change the world.

Namaste, Rev Matti



Find the courage to break those agreements that are fear based and claim your personal power

~Don Miguel Ruiz

Your Spiritual Path

Here's a story about a man who became convinced that there was oil on his land so he started to dig holes. It was discouraging at first because it was summer and he got so hot he decided to wait until the Fall. By Fall he was filled with enthusiasm and began digging again and worked hard until he hit granite. The granite was so hard he started a new hole in a different place. He hit hard rock again and moved to another place. This went on until he had 17 shallow holes on his land and then he quit all together, insisting there was no oil to be had anywhere.

If you don't like that story, here's another...Once there was a drunk who lost the keys to his car. He searched and searched to no avail. Finally, a good Samaritan came along and offered help. "Where did you drop them?" the Samaritan asked.

"Over there", answered the drunk and pointed some distance.

"If you dropped them over there, why are you looking here?" asked the amazed Samaritan. "The light is better here", the drunk explained.

The point of these stories is that we need to look for our spiritual wisdom in likely places and we need to persevere through all times - good and bad, hot and cold, soft and hard.

After 20 years in the ministry, I am absolutely convinced that too many people look in the wrong places and too many give up just when they should put more muscle into their spiritual work. There are no shortcuts and spiritual wisdom and benefits come only to those who really are willing to go to any lengths.

Choosing spiritual teaching is the first step and it is very important, although I genuinely believe that all roads lead to Love if we study them long enough. I studied many teachings but chose Science of Mind because it answered my basic questions about the nature of the Universe and it was very practical. I could readily see that Science of Mind truly helped people live



better lives. If you are reading this, you probably agree.

It takes more than attending church occasionally or reading a newsletter to really benefit from this wonderful

teaching. Perhaps now is the time to intensify your interest. I promise you that if you take classes and read books as well as attend Sunday services, your life will improve greatly. I won't promise that you will never have any problems again, but I will promise that you will handle difficulties much easier.

How long will it take for the spiritual practice you choose to help you in your life? What I observe is that change comes quickly and a great many of the small issues can be healed within weeks or months. Most ministers agree that changes happen very quickly when people are enrolled in classes. However, I also observe that many people encounter hard ground as they dig deeper into their deeply cherished beliefs.

In order to benefit from Science of Mind we have to be willing to let go of old, false ideas. Sometimes fear or anger can get in the way and the effort to release long held ideas can feel like digging through granite.

For example, one woman was doing very, very well until she lost her job. Instead of doubling up on her spiritual practice as she might have, she froze in fear and started running from one expensive seminar to another, looking for a magical answer to unemployment.

At some level, it seemed easier to run than to work on letting go of the fear she had accumulated in childhood about being unemployed. She eventually did find another, job but I believe it could have been easier and faster if she'd continued to apply herself to Science of Mind.

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Ideas we learned at our parents' knees can seem difficult to dislodge but it must be done if we are to benefit fully. Some of the most difficult ideas come up time and again. One person finds he believes illnesses can be healed through prayer but doesn't believe that prayer can improve his relationship with his boss. Many women hold onto the idea that they

must have a man in their lives in order to be happy. Sometimes releasing these old ideas does feel like chopping granite rocks but the rewards are better than discovering oil or diamonds on your land.

The rewards from spiritual practice are infinite. And so it is. Dr. Jane

Spiritual Economics– Review by Dr. Jane

Spiritual Economics is my hands down favorite book about prosperity. The author, Dr. Eric Butterworth is clear, convincing and easy to read. He has an amazing ability to cover the subject of financial worth in simple, practical terms and convey, at the same time, his deep understanding of spiritual principle.

Butterworth wrote this book early in his tenure as Senior Minister of the Unity Center in New York City. He was there from 1961 until he made his transition in 2003 at the age of 83. He was a successful minister who attracted large crowds.

While times have changed and some of his examples seem a bit out of date, his clarity and conviction make up for the deficits and this book is far superior to any of the more recent ones I have read. What I admire most about the book is his absolute refusal to teach prosperity principles as separate from our Oneness of God.

He knows absolutely that God is the source of all supply and he never forgets it as he writes. The personal expansion of consciousness results in the attraction of money. That's the truth and he doesn't try to trick us into believing in shortcuts. Butterworth is hard on some prosperity teachers and I agree with him that some

make it sound too simplistic. It does no good to teach tithing as though it were some sort of magic or witchcraft. Tithing works, but not because the Bible says you should give 10% and God will reward you if you do. Tithing works because when you give, you are expressing a consciousness of abundance and your message to the Universal Mind must return to you as form. First comes Spirit and then comes Matter. That's the Truth.

As Butterworth explains so ably, you must change your consciousness if you want to attract and keep more money in your life. It is foolish to believe that you can trick God. It is also foolish to believe that God will reward you if you do what He wants and punish you if you do not. God is not an old man in the sky who is keeping a list and checking it twice.

Read Butterworth and believe him. The only trick to achieving prosperity is to open your mind to accepting that God is the only source of our supply. Read Butterworth and understand that supply is unlimited.

Buy the book. It is a classic and you will get much more than your money's worth. In the bookstore. Only \$10.95.

Nourish the Center that Spiritually Nourishes You

1. Set up an automatic monthly contribution via credit card or bank account
2. Donate \$25 to the flower fund in honor of someone special, including yourself
3. Volunteer at the Center

Call the office at 760-434-9579 or send an e-mail to truthliving@aol.com

And it is an important moment in your life when you discover for yourself the great Truth that things may happen around you, and things may happen to you, but the only things which really count are the things that happen in you.

Eric Butterworth,
[Spiritual Economics](#),
p. 34

May 2009 – You Can Change the World

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 of May A Covenant for Change Dr. Jane					1 Al-Anon 12pm AA Meeting 7:30 pm	2 Gay AA Meeting 6 pm
3 Living from Intention Rev Matti	4 Al-Anon 12pm AA Meeting 6:30 – 8:30 pm	5	6	7 SOM 103 Class Spiritual Tools 7pm Al-Anon 7pm	8 Al-Anon 12pm AA Meeting 7:30 pm	9 Gay AA Meeting 6 pm
10 The Invitation Rev Debby Mother's honored during the celebration	11 Al-Anon 12pm AA Meeting 6:30 – 8:30 pm	12	13	14 SOM 103 Class Spiritual Tools 7pm Al-Anon 7pm	15 Al-Anon 12pm AA Meeting 7:30 pm	16 Gay AA Meeting 6 pm
17 Get Real! Rev. Debby	18 Al-Anon 12pm AA Meeting 6:30 – 8:30 PM	19	20 HIGHER PURPOSE BUSINESS NETWORKING EVENT 7-8pm	21 SOM 103 Class Spiritual Tools 7pm Al-Anon 7pm	22 Al-Anon 12pm AA Meeting 7:30pm	23 Gay AA Meeting 6 pm
24 Heaven Can't Wait Rev. Matti	25 Al-Anon 12pm AA Meeting 6:30 – 8:30 pm	26	27	28 SOM 103 Class Spiritual Tools 7pm Al-Anon 7pm	29 Al-Anon 12pm AA Meeting 7:30pm	30 Gay AA Meeting 6 pm

June 2009- Pathways of Transcendence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
31 of May A Covenant for Change Dr. Jane	1	2	3	4 SOM 103 Class Spiritual Tools 7 PM Al-Anon 7 PM	5 Al-Anon 12 PM AA 7:30 PM	6 Gay AA 6 PM
7 The Pathway of Power Rev Debby	8 Al-Anon 12 PM AA 6:30 PM	9	10	11 SOM 103 Class Spiritual Tools 7pm Al-Anon 7pm	12 Al-Anon 12 PM AA 7:30	13 Gay AA 6 PM
14 The Pathway of Clarity Rev Matti Father's honored during the celebration	15 Al-Anon 12 PM AA 6:30 PM	16	17 HIGHER PURPOSE BUSINESS NETWORKING EVENT 7-8pm	18 SOM 103 Class Spiritual Tools 7pm Al-Anon 7pm	19 Al-Anon 12 PM AA 7:30 PM	20 Gay AA 6 PM
21 The Pathway of Enlighten- Up-ment Dr. Jane	22 Al-Anon 12 PM AA 6:30 PM	23	24	25 SOM 103 Class Spiritual Tools 7pm Al-Anon 7pm	26 Al-Anon 12 PM AA 7:30 PM	27 Wise Women Workshop- 9:30-4:00 Gay AA 6 PM
27 The Pathway of Grace Rev Debby	28 Al-Anon 12 PM AA 6:30 PM	29	30			

Science of Mind Classes Continue

Transformational Tools for Successful Living

Thursday Evenings 7:00 PM

Revs Debby O'Donnell and Matti Dobbs

In this continuing class using the principles of successful living you will learn:

- Transformational tools to apply Spiritual power to daily living
- Affirmative prayer and meditation
- Ways to appreciate every moment
- How to be tap into the magic of life

Wise Women Workshop

Saturday, June 27

9:30– 4:00

Looking for a more loving relationship with yourself and others?

Seeking to learn more about your heart's desire?

Ready to empower yourself?

We are very blessed to have our founder and author of the book *Wise Women Don't Worry, Wise Women Don't Sing the Blues*, Dr. Jane Claypool, lead a daylong retreat that is centered around giving ourselves permission to be who we are here to be. There will be activities, conversation and sharing.

Cost is \$25 with a light lunch served.

Get ready to explore your soul, recognize your talents and empower yourself to soar to new height.

Staff:

Dr. Jane Claypool
Founder and Sr. Spiritual
Director

Rev. Debby O'Donnell
Spiritual Director

Rev. Matti Dobbs
Spiritual Director

Rev. Barbara Heley
Spiritual Leader

Rev. Claudia Mulcahy
Spiritual Leader

Gail Privetts, R.Sc.P
Spiritual Leader

The Staff is available for
Affirmative prayer work,
guidance and spiritual
counseling.

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Our Vision

Awakening humanity to its Spiritual magnificence

Our Statement of Truth

There is a Power for Good in the Universe and you can use it!

Our Mission

To teach, demonstrate and inspire a positive approach to living

Something Positive is Always Happening Here